

## Registration

**Workshop Cost: \$400.00 /couple**

(Early Bird Cost:\$375.00/couple by Oct 15 2015)

Mail payment and the following information to:

Arbuthnott and Associates

Suite 201, 2631 28th Ave,

Regina, Saskatchewan S4S 6X3

Ph: 306-522-1800.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone #: \_\_\_\_\_

\_\_\_\_\_

Please note any food allergies or sensitivities: \_\_\_\_\_

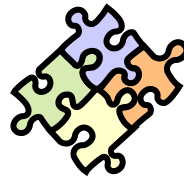


### Cost

Cost per couple is \$400.00 which includes accommodations, meals & snacks. Registration is limited to 10 couples. Receipts are issued to individuals or EFAP as indicated.

### Cancellation Policy

Workshop cancellation by the presenters will result in a full refund. If participants cancel less than eight (8) days prior to the start of the workshop, the registration is refunded less a \$50.00 administration fee. The registration is non-refundable if you do not complete the workshop. Returned personal cheques will be assessed \$25.00 for charges. Refunds are processed following the workshop.



### Arbuthnott and Associates

Suite 201 - 2631 28h Ave  
Regina, SK. S4S 6X3

Phone: 306 522-1800  
Fax: 306 522-1801

*Brochure Sponsored by*

*Allan Barss, Investors Group*

## **Drifting Together or Falling Apart: The Road to Reconnecting**

### **A weekend workshop for Couples**

#### Facilitators:

Colleen Kane MSW RSW,  
Clinical member of AAMFT

Colleen Barss MSW RSW

**Dates:** Nov. 27 & 28, 2015

(Friday evening, and all day Saturday)

#### Location:

Queen's House Retreat and Renewal  
Centre

601 Taylor St. W., Saskatoon, SK

Ph: (306) 242-1916



## Couples Weekend Workshop

### About the Workshop:

This workshop is for committed couples wanting to enrich their relationship. All couples hit speed bumps and can drift apart. The foundation of your relationship can be damaged. This weekend will help you rebuild, reconnect, and rejuvenate your relationship and continue the journey together.



Facilitation will be presented to the large group. Exercises and discussion will be between couples.

### What you Leave With:

The workshop will help provide tools for communication, conflict resolution, keeping the romance alive and a deeper understanding and appreciation of one another. Resources and references will also be included during the workshop.

### Workshop Details:

**Workshop Cost:** \$400.00 /couple

**Early Bird Cost:** \$375.00 /couple before October 15, 2015

**Dates:** Friday Nov. 27 & Saturday, Nov 28, 2015

### Workshop Schedule:

Friday: Session—7:00—9:00pm

Saturday: 9:00am—4:00pm

**Location:** Queen's House Retreat and Renewal Center  
601 Taylor St. W., Saskatoon, Sk.

### Location Map:

Saskatoon, Sk.



### About the Facilitators:

Colleen Kane, MSW RSW

Colleen has been a Social Worker since 1994 and completed her Masters of Social Work in 2004. She works as a counselor and a group facilitator and has been a sessional lecturer at the University of Regina. Colleen has counselled parents, couples, individuals and families for the past 19 years. She utilizes brief therapy techniques including: Solution Focused, Cognitive Behavioural, Emotionally focused, Systems and Attachment Theory. Colleen is in good standing with both the Saskatchewan Association of Social Workers and the American Association for Marriage and Family Therapy

Colleen Barss, MSW RSW

Colleen has been a registered Social Worker since 1996 and has her Master's degree which focused on working with couples. She works as a counselor and a group facilitator and has been a sessional lecturer at the University of Regina. Colleen works with individuals, couples and families, utilizing a framework of Emotionally Focused therapy, Attachment and Systems theory, Cognitive Behavioural therapy, Solution Focused therapy, Focusing, and Somatic Experiencing therapy. Colleen is in good standing with the Saskatchewan

Association of Social Workers.

*Remember, we all stumble,*

*every one of us.*

*That's why it's a comfort to go hand in hand.*

*- Emily Kimbrough*

