

Silent Directed Retreat

January 29 - 31, 2016

Cost: \$345.00

Limited bursaries available

Registration Form

Registration deadline: Monday January 18

Name:			
Address:			
City/Province:			
Postal Code:			
Phone:			
Email:			
Gender:	Age: 18-30	31-45	46+
Religious Affiliation:			
Occupation:			
First Silent Directed Retreat? Y/N			
Have you experienced seeing a spiritual director? Y/N			
Dietary or special needs:			

Please submit this form to the Receptionist
at

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or
email: receptionist@queenshouse.org

For details on all programs:
www.queenshouse.org



QUEEN'S HOUSE SPIRITUAL DIRECTORS

To arrange to have a Spiritual Director on an ongoing basis, see the roster of available spiritual directors at queenshouse.org/spiritualdirection or contact Sr. Adeline Behm, 306-242-1916.

Spiritual Direction is the process of accompanying someone on their spiritual journey.

The *Spiritual Director* is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The *Art of Spiritual Direction* lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.

QUEENS HOUSE RETREAT & RENEWAL CENTRE

- ◆ Spiritual Direction & Silent Retreats
- ◆ Contemplation, Meditation, Prayer
- ◆ Spiritual Direction Formation & Support
- ◆ Ecumenical Encounter & Prayer
- ◆ Biblical Learning & Engagement
- ◆ Healing Retreats & Workshops
- ◆ 12-Steps Retreats & Gatherings
- ◆ Yoga & Holistic Practices
- ◆ Solitude & Hospitality
- ◆ Art & Iconography
- ◆ Fellowship, Celebration, Worship
- ◆ First Nations Spirituality & Encounter
- ◆ Spiritual Tools, Practices & Disciplines
- ◆ Seasonal Reflections with Liturgical Calendar

Silent Directed Retreat

"Be still and know..."

Dianne Mantyka, M. Div.

Bishop Gerry Wiesner, OMI



Friday January 29, 7pm -

Sunday January 31, 1pm

**Queen's House
Retreat & Renewal Centre**

A Home Away from Home

Silent Directed Retreat

“Be still and know...”

As a new year of possibilities and commitments begin to unfold, take time to draw away, to be still and to encounter God - who loves you - is for, with, and in you.

This weekend will provide you with opportunities to be in silence, to pray with scriptures, to reflect, rest, and to meet with a spiritual director.

Come to this peaceful setting to be refreshed in God's presence. Become renewed for all that life holds for you.

Friday January 29, 7pm -

Sunday January 31, 1pm

Cost \$345 (live-in only) - includes lodging, meals, spiritual direction and program facilitation.

Register by Monday January 18.

“The art of being on a **retreat** is the art of being where you are.” - *Henri Nouwen*

“It is always an act of faith to trust **silence**Silence is what surrounds everything. When you can train yourself to reverence the silence around things, you first begin to see things in themselves and for themselves. This ‘divine’ silence is before, after, and between all events for those who see respectfully.

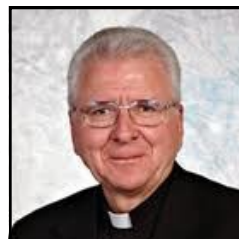
When our interior silence can actually feel and value the silence that surrounds everything else, we have entered the house of wisdom... the very heart of prayer.” - *Richard Rohr*

“Faith comes by **hearing**, and hearing by the Word of Christ.” - *Romans 10:17*



Dianne Mantyka is a Spiritual Director and Co-director of the Spiritual Direction Formation Program at Queen's House. She holds an M.Div. with a Spiritual Theology concentration from Regent College, has CPE training, and has experience in inner healing prayer ministry and a variety of prayer forms. Her background includes biology, missions, and 19 years in Inter-Varsity campus ministry. As a wife, caregiver, step-mom, Oma, and lover of people and pets, nature and books, learning and empowering, Dianne is dedicated to taking time for retreat and silence as a means to help her encounter and live out Christ's presence through her life.
dimantyka@sasktel.net 306-931-7118

Bishop Gerald Wiesner, OMI, currently resides in Saskatoon after retiring as Bishop of the Prince George Diocese in BC for 20 years. Gerry is a respected theologian, liturgist, teacher, and spiritual leader. He has served several years as President for the Canadian Conference of Catholic Bishops. He established the Lay Formation Program in Saskatoon and Prince George, and has taught Theology at Newman College. He is a Co-director of the Spiritual Direction Formation Program at Queen's House.



RELATED EVENTS:

SPIRITUAL FORMATION DAYS 2016-2017

- FEB 13 **Prayer and Discernment**
Bishop Gerry Wiesner, OMI
- MAR 19 **Spiritual Gleanings from Mystical Masters**
Fr. Kevin McGee
- APR 16 **Faith Stages on the Spiritual Journey**
Sr. Teresita Kambeitz, OSU
- MAY 28 **Eco Spirituality and the Cosmos**
Maureen Wild, SC
- JUNE 18 **Benedictine Spirituality; Rule of Life**
Sr. Mary Coswin, OSB
- JULY 9 **Biblical Spirituality; Spirituality of the Psalms**
Bishop Gerry Wiesner, Gisele Bauche
- SEPT 17 **Spiritual Emergencies**
Dr. Nancy Reeves
- OCT 15 **Dreams: Listening to Holy Unconscious**
Dr. James Schmeiser
- NOV 19 **Creative Arts as Spiritual Expression**
Gisele Bauche
- DEC 10 **Spirituality/Psychology: Intimacy/Sexuality**
Sr. Donna Markham, OP
- JAN 20-22 – Sr. Maureen Conroy, R.S.M.
- 20th **Experiencing God's Healing Presence:
The Healing Power of Spiritual Experience**
- 21st **Low Down, Breathe, Be Free:
Relieving Stress with Meditation and Prayer**
- 22nd **Growing in the Ministry of Supervision:
Growing in Self- Awareness and Freedom**
- FEB 18 **Twelve Step Spirituality**
Brad Bodnarchuk, Addictions Counselor
- MAR 18 **Ecumenism: Opening Spiritual Doors**
Bishop Don Bolan, RC Diocese of Saskatoon
- APR 8 **Ignatian Spirituality**
Linda Labelle M.Div.
- MAY 13 **First Nations Spirituality**
Bp. Sylain Lavoie, OMI & Harry Lafond, M.Ed.
- JUNE 17 **Social Justice and Spirituality**
Bob McKeon

Cost is \$55

Register with Queens' House by one week prior at 306-242-1916 or

receptionist@queenshouse.org