#### SILENT DIRECTED RETREAT June 26-29, 2017

Cost \$475 Registration Form

Registration deadline: Monday June 19

Name:
Address:
City/Province:
Postal Code:
Phone:
Email:
Gender: Age:18-3031-45 46+
Religious Affiliation:
Occupation:
Dietary or special needs:
First Silent Directed Retreat? Y/N
Have experienced seeing a spiritual director?
Y/N

To register please send this form to Queen's House Retreat & Renewal Centre 601 Taylor Street W, Saskatoon SK S7M 0C9 306-242-1916; Fax: 306-653-5941 email: receptionist@queenshouse.org For details on all programs: www.queenshouse.org



### Queen's House A Home Away from Home

One with the Missionary Oblates of Mary Immaculate, Queen's House serves the church with the mission of Christ Jesus, sent to announce good news to the poor, freedom to captives and new vision for the blind (Luke 4). A place of hospitality, beauty and quiet, Queen's House welcomes all peoples in their unique life experiences, with special regard for the alienated and suffering. They come to pray and worship, to seek healing and human dignity, and to grow in knowledge of self, the world and God. With risk and daring, Queen's House responds to these needs through creative programs and collaborative ministry:

Spiritual Direction & Silent Retreats Contemplation, Meditation, Prayer Spiritual Direction Formation & Support Biblical Learning & Engagement Healing Retreats & Workshops 12-Steps Retreats & Gatherings Yoga & Holistic Practices Ecumenical Encounters Solitude & Hospitality Art & Iconography Fellowship, Celebration, Worship First Nations Spirituality & Encounter Spiritual Tools, Practices & Disciplines Seasonal Reflections with Liturgical Calendar

Detailed program listings: www.queenshouse.org For registration, or to inquire about receiving spiritual direction, call 306-242-1916 or email receptionist@queenshouse.org

# Silent Directed Retreat

"Be still and know ..."

Monday June 26, 6:30 p.m. -Thursday June 29, 1:00 p.m.



### Dianne Mantyka, M. Div.

## Queen's House Retreat & Renewal Centre

A Home Away from Home

#### SILENT DIRECTED RETREAT "Be still and know ..."

Take time to draw away, to be still, and to encounter God - who loves you, and is for, with, and in you.

These days will provide you with opportunities to be in silence, to pray with the scriptures, to reflect, rest, and to meet with a spiritual director.

Come to this peaceful setting to be refreshed in God's presence. Become renewed for all that life holds for you.

### Monday June 26, 6:30 p.m. -Thursday June 29, 1:00 p.m. \$499 (live-in only) - includes lodging, meals,

spiritual direction and facilitation.

Suggestions to pack: Comfortable indoor and outdoor wear, slippers, walking shoes, journal, writing/ coloring supplies, bible/spiritual reading, hand/ needlework.

**Spiritual Direction** is the process of accompanying someone on their spiritual journey.

The **Spiritual Director** is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The **Art of Spiritual Direction** lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.



Dianne Mantyka is a Spiritual Director and Co-director of the Spiritual Direction Formation Program at Queen's House. She holds an M.Div. with a Spiritual Theology concentration from Regent

College, has CPE training, and has experience in inner healing prayer ministry and a variety of prayer forms. Her background includes biology, missions, and 19 years in Inter-Varsity campus ministry. As a wife, caregiver, stepmom, Oma, and lover of plants and pets, friends and books, learning and empowering, Dianne is dedicated to taking time for retreat and silence as a means to help her encounter and live out of Christ's presence in her life. dimantyka@sasktel.net • 306-931-7118

"The art of being on a **retreat** is the art of being where you are." - Henri Nouwen

"It is always an act of faith to trust **silence**. ....Silence is what surrounds everything. When you can train yourself to reverence the silence around things, you first begin to see things in themselves and for themselves. This 'divine' silence is before, after, and between all events for those who see respectfully.

When our interior silence can actually feel and value the silence that surrounds everything else, we have entered the house of wisdom ...the very heart of prayer." – Richard Rohr OFM

"Faith comes by **hearing**, and hearing by the Word." - Romans 10:17

### **RELATED EVENTS:**

SACRED LISTENING Discovering the Spiritual Exercises of St. Ignatius of Loyola October 2017 - May 2018

Please contact Dianne Mantyka for specific dates and costs for this program.

"Sacred Listening" qualifies as a prerequisite for the Spiritual Direction Formation Program.

### SPIRITUAL DIRECTION FORMATION PROGRAM

January 2019 - July 2020 One weekend a month

<u>Co-directors</u>: Bishop Gerry Wiesner OMI Gisele Bauche Dianne Mantyka

This program equips mature adult Christians for the ministry of Spiritual Direction, mentoring, and prayerful companioning of leaders and laity in parishes, congregations and ministries.

Application deadline: April 30, 2018

For further information watch for a brochure, all details will be posted on the Queen's House website and Facebook pages, or contact Dianne Mantyka at 306-931-7118, dimantyka@sasktel.net