

### Sarah Donnelly, M. Div.

The oldest of four daughters, Sarah was raised in southern Ontario and has lived in Calgary, Cowichan Bay (Vancouver Island) and now Saskatoon. Sarah received her M.Div. from *St. Peter's Seminary* and her spiritual direction training



from *The Haden Institute: Spiritual Direction in the Jungian, Mystical, Christian Tradition*. A deep interest in the enneagram has blessed her life and ministry for many years. Working ecumenically, Sarah offers retreats, workshops, spiritual direction, and grief support groups.

### Marie Gorsalitz OSU

The tenth child of a family of thirteen in a small Saskatchewan village, Marie went on to become a teacher of elementary and high school in B.C. and SK. She spent four years as a missionary in Brazil and then attended a massage school in Toronto after which she

came to Saskatoon and set up her massage practice. Marie enjoys learning and finds the Enneagram very intriguing. Having an understanding of the individual helps one to be a more compassionate human being. And that is better for all of us.



**Queen's House Retreat & Renewal Centre**  
601 Taylor Street W, Saskatoon SK S7M 0C9

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- ◆ Fellowship, Celebration, Worship

### MAKE YOURSELVES AT HOME

### WITH US

*"Come away to a deserted place and rest for a while ..."*

(Mark 6:31)

# An Introduction to the Enneagram

**Saturday November 26**

**9:30 a.m. - 3:30 p.m.**



**Sarah Donnelly**

**Sr. Marie Gorsalitz, OSU**

**Queen's House  
Retreat & Renewal Centre**

**A Home Away from Home**

# An Introduction to the Enneagram

The enneagram is a very old typology or old map that describes nine different character types. But that is only the beginning. Beyond the description of characteristics, gifts and shadow, the enneagram contains an inner dynamic that invites us to examine our lives honestly, and intentionally live into our full potential. The enneagram is more than an entertaining game for learning about oneself. It is concerned with change, with what the religious traditions call conversion or repentance. It confronts us with the compulsions and laws under which we live - usually without being aware of them - and it aims to invite us to go beyond them, to take steps into the domain of freedom.

*Richard Rohr and Andreas Ebert, Discovering the Enneagram: An Ancient Tool for a New Spiritual Journey, (1990)*



**Saturday November 26, 2016**

9:30 a.m. - 3:30 p.m.

Cost: \$55 - includes lunch

To register please call

**306-242-1916**

or email:

**receptionist@queenshouse.org**

*Queen's House has a number of small bursaries available for interested individuals who have a desire to attend the programs offered at Queen's House and a financial need that challenges this interest. Please call us for more information.*

This workshop will give participants the opportunity to learn more about the enneagram, and discover where we find ourselves in this typology. **Our goal:** to become more aware of both our gifts and weaknesses, so that we can take responsibility for our lives and live into the "abundant life" that waits for us.

*These four-word sets of traits are mere highlights and do not represent the full spectrum of each type:*

Type **One** is principled, purposeful, self-controlled, and perfectionistic.

Type **Two** is generous, demonstrative, people-pleasing, and possessive.

Type **Three** is adaptable, excelling, driven, and image-conscious.

Type **Four** is expressive, dramatic, self-absorbed, and temperamental.

Type **Five** is perceptive, innovative, secretive, and isolated.

Type **Six** is engaging, responsible, anxious, and suspicious.

Type **Seven** is spontaneous, versatile, acquisitive, and scattered.

Type **Eight** is self-confident, decisive, willful, and confrontational.

Type **Nine** is receptive, reassuring, complacent, and resigned.