

# Triumph: Freedom Through Healing

with Jerry and Donna Kristian

**Dates:** Friday, July 27 thru Sunday, August 5, 2018 and again from  
Friday, November 9 thru Sunday, November 18, 2018

**Time:** *Retreats begin at 6:00 pm on Friday and end at about 3:00 pm on Sunday.*

**Cost:** \$1,395 (payable in full to Queen's House on the Monday following the start of the program)

- This fee includes program registration, meals, facility and small bedroom.
- Upgrade to a medium bedroom (if available) for an additional \$90 for the retreat.
- Upgrade to a large bedroom (if available) for an additional \$180 for the retreat.

**Detail:** Knowingly or unknowingly all of us carry hurtful experiences from the past into the present that can negatively affect our day to day relationships with one's self, with others; at home, at work, and most especially with God. Inspired by the spirituality of St. Ignatius of Loyola and St. Therese of Lisieux, Triumph is a facilitated nine-day program designed to bring healing and spiritual growth to the wounded places of our being. We invite you to come and encounter God on this gentle, powerful and life changing journey of inner healing and transformation ... a journey leading more deeply into a fulfilled, peaceful, Christ-centered life filled with joy.

Who is 'Triumph' for? 'Triumph' is for everyone! 'Triumph' is for me, for you, for your friends, for your family, for priests and religious and other ministers, for Christians of any faith tradition or denomination (for that matter, people of any faith tradition, Christian or not), for people who are at any point on their faith-walk -- 'on fire' or 'lukewarm' or completely 'cold'! And if you're not covered in this list, then 'Triumph' is for you too! We are all made for a relationship with God. Rediscovering our identity as His children brings meaning, purpose and fulfillment to every area of our lives. His healing mercy and love are for everyone!

**For more information: Contact Triumph by:** Phone: 1-306-221-3092 or  
Email: [www.triumphretreat.com](http://www.triumphretreat.com).

**To register: Contact Queen's House:** Phone: 306-242-1916 or  
Email: [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)

**Presenters:** Jerry and Donna Kristian met during the formation and founding of a post-secondary Catholic school of faith and mission in Bruno, Saskatchewan. Married in 2008 they have since become partners in the implementation and facilitation of the *triumph* program. Together they are the parents of five and the grand parents of eleven. When not working or spoiling their grand-children they enjoy travelling and meeting the people and cultures of the world.

**Jerry** was born in Prud'Homme, SK. After leaving high school Jerry embarked on a two-year trip hitch-hiking around the world. He owned and operated various food operations throughout western Canada, as well as apartment units, a hotel, and heavy equipment business in Saskatoon. One of the founders of St. Therese Institute of Faith and Mission, he held the roles of Board Chair and Executive Director of the Institute. In 1978, he experienced a renewed relationship with God and a call to service in the intercessory prayer and healing ministry. With a profound love of God's people, he remains faithful to this call.

**Donna** was born in Loon Lake SK, Her love of the Church and preparation for ministry led her to study theology. In addition to having served as the Director of Healing and Growth at St. Therese Institute, her thirty years of ministerial experience includes parish and diocesan ministry, as well as teaching introduction courses in Old and New Testament studies, and Ignatian Discernment. She has a BA in Christianity and Culture from St. Michael's College, University of Toronto and a Masters Degree in Ministry and Spirituality from Regis College; Toronto School of Theology; University of Toronto.