



**Dianne Mantyka** accompanies those on their path of becoming all they are created to be in relationship to God, self, nature, and others. She believes God's love and mercy is always making all things new - in the midst of our ups and downs, such as transition, uncertainty, darkness - as we attentively surrender to Christ's redemption being revealed. Her experience connects her with a variety of backgrounds.

**dimantyka@sasktel.net**  
**306-514-2193**



**Kim Morrison** journeys with women seeking healthy and loving relationships with God, themselves and others. Come as you are to resolve past trauma, difficult relationships and anxiety. Live life as it was meant to be.

Also available for Al-Anon, Codependency Anonymous and 5th steps. **www.anew.ca**  
**kmo1@live.ca** **306-230-9893**



**Sister Emma Rousseau** feels called to "listen others into" discovering their personal call to life. She offers a contemplative setting in which a person can explore new ways to pray and find God in all circumstances. She is familiar with dream work, focusing and Enneagram as tools for self-knowledge and

spiritual direction. She is fluent in English and French. **Phone: 306-260-1970**

**Email: erousseau03@gmail.com**



**The Rev. Marie-Louise Ternier** has been shaped by the strength and gifts of various Christian traditions. Steeped in Scripture, prayer and worship, she walks gently with seekers to assist them in connecting with their own loveliness in and before God through the relationships and events of daily life. Marie-Louise

is available to meet with persons in Humboldt, Saskatoon and Watrous.

**marlise\_14@sasktel.net • 306-231-6574**  
**www.prairiencounters.wixsite.com**  
**www.prairiencounters.wix.com/home**

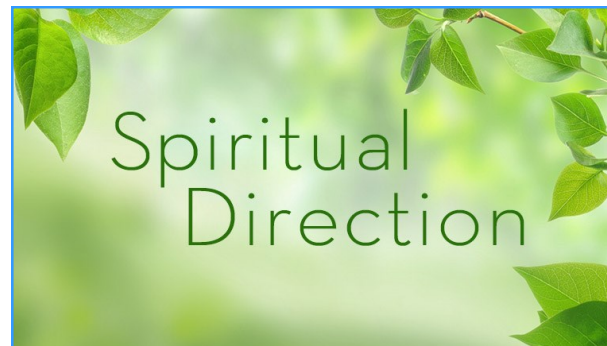
"When someone is truly and deeply listening to me I am filled with gratitude, grateful that we have slowed down enough to share, and that I have been given the respect of being listened to." M. W.

"The doors that seemed shut for many years opened, and I could see light in the unspoken places in my life." E. A.

"Spiritual direction allows me to hear what I mean and therefore choose the next step forward on my journey." M. R.

"I feel as though I am being 'listened into wholeness.' I figure out what I am really thinking; I obtain perspectives on life's issues; I feel validated and affirmed; I find peace and contentment." A. H.

"When someone listens to me I share feelings, ideas, experiences that I didn't even know were present. I feel I'm worth someone's time and attention." A.M. L.



## Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

For more information please call

**306-242-1916**

email:

**spiritualdirection@queenshouse.org**

You may also be interested in a personal retreat or one of the retreats being offered at Queen's House. Please visit:

**www.queenshouse.org**



March 5, 2018

# Spiritual Direction at Queen's House



## Queen's House Retreat & Renewal Centre

—  
**A Home Away from Home**

## Spiritual Direction

A Spiritual Director is someone who listens and has discerned a call to accompany others, especially those who are experiencing challenges, with finding meaning and wholeness in life. A Spiritual Director has personally experienced being accompanied, has heard and responded to a call to become involved with spiritual direction, and has pursued appropriate training.

The Spiritual Directors at Queen's House are representative of the wider ecumenical community and together bring a richness of wisdom and experience to provide a compassionate guiding presence to anyone seeking meaning in the complexities of life today.

This brochure gives a brief introduction to Queen's House team of Spiritual Directors. Additional information about each one is provided on our website. If you would like to meet with any one of these Spiritual Directors you may contact them personally.

If you are new to Spiritual Direction and have any questions about Spiritual Direction, you may contact our coordinator, Sister Adeline Behm - 306-242-1916 X 228; email: [spiritualdirection@queenshouse.org](mailto:spiritualdirection@queenshouse.org)

A suggested offering for a Spiritual Director is a sliding scale from \$25 to \$75 per session.



**Sister Adeline M. Behm** is a life-long seeker through the pathways of darkness. She provides a contemplative space conducive for conversation with those caught up in long painful struggles; as mentor for those who have been for many years on a spiritual path and those who desire to do a 5th-step and follow up. She coordinates spiritual direction through Queen's House.

[spiritualdirection@queenshouse.org](mailto:spiritualdirection@queenshouse.org)  
306-242-1916 ext 228



**Deb Arndt** offers hospitable space on the journey for those desiring a deepened awareness of God's love and presence in all of life's brokenness and beauty, leading to a greater inner freedom and loving engagement with the world. Together we listen to the

Spirit's invitation and movement, opening us to receive mercy, grace and truth.

[ldarndt@shaw.ca](mailto:ldarndt@shaw.ca)  
306-341-1663



**Gisele Bauche** offers a listening presence for those seeking to grow in awareness of God's presence in their lives and for those experiencing loss and grief or facing life's transitions. She can assist in your healing and wholeness through creative expressions.

[gbauche@sasktel.net](mailto:gbauche@sasktel.net)  
306-380-3577  
[www.spiritualityandart.ca](http://www.spiritualityandart.ca)



**Sarah Donnelly** is particularly interested in accompanying those who are facing transitions in their faith journey or experiencing loss and grief in their lives. Centering prayer, using the Enneagram and MBTI, and a passionate interest in exploring first half/second half life issues, desert experiences and "dark nights" shape the ministry she offers.

[info@sarahdonnelly.ca](mailto:info@sarahdonnelly.ca) • 306-717-3707  
[www.sarahdonnelly.ca](http://www.sarahdonnelly.ca)



**Rev. Heather Hedlin** provides a warm, open and accepting presence while listening together with you for the Spirit's guiding. You are invited to explore a deeper spiritual connection with your

God in life's every moment, and to find, strength, healing and growth from past major experiences of life, family of origin issues, complex relationships and life's transitions. [www.beyondallwords.ca](http://www.beyondallwords.ca)

[heather.hedlin@gmail.com](mailto:heather.hedlin@gmail.com)  
306-291-6832



**Eileen Klaassen** has a gentle and a peaceful presence in the accompaniment of others on their spiritual journey. She believes in the healing power of telling one's story in order to grow in awareness of the Creator's

involvement in our lives. In her love of discovering the uniqueness of each person, she brings this awareness to those she is accompanying.

306-249-4327  
[e.klaassen@yahoo.ca](mailto:e.klaassen@yahoo.ca)



**Sister Marijka Konderewicz** has been a mentor and spiritual companion to those who seek to find God in all things. She welcomes those who desire spiritual growth and healing. She is available to listen to and to walk with those who desire to journey towards the mystery of God's merciful love.

[mary.konderewicz@yahoo.ca](mailto:mary.konderewicz@yahoo.ca)  
306-652-1718 or 306-653-1897



**Linda Labelle** is well versed in a variety of spiritualities including Ignatian, Thomistic, Franciscan and Carmelite. She is passionate about helping others to grow in intimacy with God through Sacred Scripture, discernment, contemplative prayer, healing prayer, mysticism and personal sacred storytelling and writing.

2012outoffheashes@gmail.com  
306-202-9321



**Sister Albina Labonte** has a strong belief that people come to a deeper understanding of God's actions through the telling of their story in the presence of someone who listen reverently and with gentleness, where one can grow in

a deeper awareness of self and God in all of life. She is fluent in both English and French and accompanies persons in Prince Albert.

[albinam@hotmail.com](mailto:albinam@hotmail.com)  
306-960-2169