

**Spiritual Direction Formation Program  
2019-2020**

*Dates and Tentative Schedule*

**2019**

Jan 17-19: Extended Weekend Orientation Retreat  
Feb 8-9: Prayer and Discernment  
Mar 8-9: Mystical Masters and Contemplative Prayer  
Apr 12-13: Faith Stages in the Spiritual Journey  
May 24-25: Eco Spirituality and the Cosmos  
Jun 14-15: St. Teresa of Avila and St. John of the Cross: Guides for the Spiritual Journey  
Jul 5-6: Biblical Spirituality; Spirituality of the Psalms  
Aug 25-30: Six Day Silent Ignatian Retreat Practicum  
Sep 20-21: Art as Spiritual Expression  
Oct 18-19: Dreams: Listen to the Holy Unconscious  
Nov 15-16: Spiritual Formation through Grief and Loss  
Dec 13-14: Spirituality/Psychology: Intimacy/Sexuality

**2020**

Jan 24-25: BioSpiritual Focusing  
Feb 7-8: Twelve Step Spirituality/Codependency  
Mar 13-14: Ignatian Spirituality  
Apr 17-18: Ecumenism: Opening Spiritual Doors  
May 22-23: First Nations Spirituality  
Jun 12-13: Social Justice and Spirituality  
Jul 3-4: Summary and Graduation

**Cost: \$5,800.00**

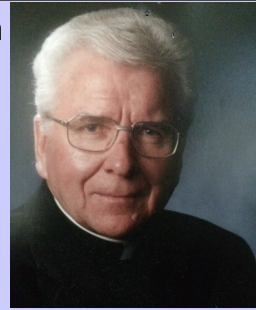
This includes room and board and tuition.

Payments of \$1,000 are to be made payable to Queen's House by each of the following 2019 dates: January 17, March 31, June 30, September 30, December 31 and a final payment of \$800 by March 31, 2020.

**The Spiritual Direction  
Formation Program  
Directors**

Bishop Gerald Wiesner, OMI, Gisele Bauche and Dianne Mantyka are the Directors of the Spiritual Direction Formation Program.

Their life experience, and ecumenical background in Theology, Biblical Studies, Spirituality and Prayer, along with their years of experience in Ministry, Mission, and Spiritual Formation, will help participants meet the goal of the Program.



**Queen's House Retreat & Renewal Centre**  
601 Taylor Street W, Saskatoon SK S7M 0C9

To register for these programs  
please call **306-242-1916** or  
email: [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)  
For more info visit [www.queenshouse.org](http://www.queenshouse.org)

# Spiritual Direction Formation Program

**January 2019 - July 2020**



**Queen's House  
Retreat & Renewal Centre**

***A Home Away from Home***

# Spiritual Direction Formation Program

January 2019 - July 2020

## Program Goal

The Goal of the Program is to prepare mature adult Christians in the ministry of Spiritual Direction, mentoring, and prayer companionship of leaders and laity in parishes and congregations, ministries and vocations.

## Program Content

The experiential nature of the Spiritual Direction Formation Program (SDFP) distinguishes it from strictly academic programs. Respecting the individuality and life experience of each participant, the SDFP anticipates that each person will gain knowledge and skills for ministry while also integrating all learning into his/her own self-awareness and spiritual journey.

The following program content will be presented both as concepts and as experiences of personal growth and transformation for each participant:

- A Study of the Traditional Spiritual Masters
- Spiritual Formation
- Prayer, Discernment, Contemplation
- Self-Awareness and Personal Growth
- Biblical Spirituality
- The Spirituality of Various Traditions
- The Art of Spiritual Direction

## Duration and Weekend Schedule

The program is comprised of 19 weekends, over 19 consecutive months from January 17, 2019 – July 4, 2020.

Most weekends will begin on Friday evenings, 6:30 p.m., and end by 9:00 p.m. on Saturday evenings. The first session is an Extended Weekend Opening Retreat and begins at 6:30 p.m. on Thursday January 17, 2019. A Six-Day Silent Ignatian Retreat practicum takes place August 25-30, 2019.

During each weekend, along with input on a topic, there will be opportunity for processing and developing self-awareness by way of individual reflection, journaling, supervision, and sharing in small groups as well as with the larger group. There will be supervised experiences of Spiritual Direction in quads, and through a one year practicum within the program of seeing two directees monthly.

## **Application Deadline: August 31, 2018**

For a copy of the application form please contact:

Dianne Mantyka, [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net)  
306-514-2193

## Pre-requisites for this Program

The following pre-requisites are required in order to be considered as a participant for the SDFP:

1. You are seeing a Spiritual Director regularly
2. You have attended a workshop on the enneagram or have a good understanding of this tool (*An Introduction to the Enneagram* is being offered Saturday October 13 at Queen's House)
3. And one of the following:
  - Participate in a 6-8 day silent retreat prior to taking this program (a 7-day Silent Directed Retreat is being offered June 29-July 5 at Queen's House)
  - Participate in the 19th Annotation or a 30-day Ignatian Retreat
  - You are a graduate from Soul Stream's *Living from the Heart* program or the *Jubilee Phase 1* program, or equivalent

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For more information please contact  
Dianne Mantyka, [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net)  
or  
Gisele Bauche, [gbauche@sasktel.net](mailto:gbauche@sasktel.net)

## Related upcoming opportunities at Queen's House

### **Silent Directed Retreat**

Friday June 29, 4:00 p.m. - Thursday July 5, 2:30 p.m.  
With Dianne Mantyka, M. Div. and Bishop Gerry Wiesner, OMI - \$995 (live-in only)  
To register contact Dianne Mantyka, 306-514-2193 - [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net)

### **An Introduction to the Enneagram**

Saturday October 13, 9:30 a.m. - 3:30 p.m.  
With Sarah Donnelly, M. Div. - \$55, includes lunch  
To register call Queen's House: 306-242-1916