

Henri Nouwen and Spiritual Companionship

A TWO-PART WEBINAR SERIES

Webcast Facilitators: Gisele Bauche & Rev. Marie-Louise Ternier

Date and Time: **Saturdays, February 2 & 16** *(come to one or both sessions)*
9:30 a.m. - 3:00 p.m.

Cost: **\$55 for one session**
\$90 for both February 2 & 16
Registration fee includes lunch

Detail: This four-part series will give spiritual companions and seekers insights into the philosophy and practice of Henri Nouwen, one of the great spiritual directors of the 20th century. Through listening with his heart Henri was always "on call" as a spiritual companion. He saw spiritual companionship not only as supporting others as they "looked within" but as honouring the role of contemplation in their own lives. This series offers time for prayer and meditation, reflection and sharing on who Henri Nouwen was, how he lived his life, and what wisdom we can glean from him as we walk with one another in faith. People from all faiths and spiritual traditions, and those who have none, are welcome to participate.

Saturday February 2, 9:30 a.m. - 3:00 p.m.

Session 1: An Introduction to Henri Nouwen - Creating Sacred Space, Inviting Transformation

This session will cover not only who Henri Nouwen was, but how he lived his life. Through listening with his heart, he was always "on call" as a spiritual companion. This approach to life and service, in addition to his writing, made his wisdom and presence accessible to many, many people.

Session 2: Look Within to the Heart *With Special Guest Sister Sue Mosteller*

Key Questions: Who will answer my questions? Where do I begin? Who am I? Where have I been and where am I going? We begin our journey through Nouwen's 10 questions here. Spiritual companionship must not only support others as they "look within," they must honor the role of contemplation in their own lives. As a special feature, Dr. Rebecca Laird and Michael Christensen will interview Nouwen's close friend Sr. Sue Mosteller in this session.

Saturday February 16, 9:30 a.m. - 3:00 p.m.

Session 3: Look to God in the Book

Key Questions: What is prayer? Who is God for me? How do I hear the Word? Here we will look at spiritual writing and the practice of lectio divina. This practice goes beyond merely looking for instruction and uses prayer and meditation to access sacred texts, so that we may embrace them in a personal and intimate way. Here, in reference to prayer, "monologue moves to dialogue," a conversation with God, or however we name the ground of all being.

Session 4: Look to Others in Community *With special guest Robert A. Jonas*

Key Questions: Where do I belong? How can I be of service? Spiritual companions create a paradigm for community by offering a safe place to "bare our souls." This session will explore the balance between the solitude that enhances contemplation and the service and compassion that allow us to extend our deepest connections outwards to those with which we share our lives - and this planet.

Presenters: **Gisele Bauche** holds degrees in education, theology, and art and leads retreats in Scripture, prayer, and spirituality. Gisele is a spiritual director, a member of the programming team at Queen's House, and one of the team leaders of the Spiritual Direction Formation Program at Queen's House. Gisele's website can be found at:
<http://spiritualityandart.ca/>

Rev. Marie-Louise Ternier, an Anglican priest, serves the Anglican and Lutheran parishes in Watrous, and was recently appointed on ARC Canada, the national Anglican – Roman Catholic Dialogue. A member of the Queen's House Programming Team and a spiritual director, she has been offering workshops and retreats for many years. An avid and published writer, Marie-Louise is passionate about adult faith formation, ecumenical ministry, and baking bread. Visit her blog: <http://graceatsixty.wordpress.com>

To register please call Queen's House, 306-242-1916 or email receptionist@queenshouse.org