



Mission Statement

At the service of the church and one with the *Missionary Oblates of Mary Immaculate* whose mission is that of Jesus Christ sent to announce good news to the poor, freedom to captives and new vision to the blind (Luke 4), Queen's House is primarily committed to the renewal of the people of God with special regard for those who are alienated and suffering.

A place of hospitality, beauty and quiet, Queen's House welcomes all peoples in their unique life experiences. They come to pray and worship, to seek healing and human dignity, to grow in knowledge of self, the world and God. With risk and daring Queen's House responds to these needs through creative programs and collaborative ministry.

Embracing its own need for conversion, Queen's House looks to the day when all may love tenderly, act justly and walk in truth with one another and with God (Micah 6).

Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or

email: receptionist@queenshouse.org

For details on all programs:

www.queenshouse.org

Queen's House

A sacred place to stimulate your mind
and nourish your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Biblical Learning & Engagement
- ◆ Reflections on the Seasons of the Church Year
- ◆ 12-Steps Retreats & Gatherings
- ◆ Solitude and Private Refuge
- ◆ Yoga & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Fellowship, Celebration, Worship

MAKE YOURSELVES AT HOME

WITH US

*"Come away to a deserted place
and rest for a while ..."*

(Mark 6:31)

The Five Love Languages

A ST. VALENTINE'S DAY WORKSHOP

Thursday February 14

5:30 p.m. supper *(optional)*

6:30 - 9:00 p.m. workshop



Sarah Donnelly, M.Div.

**Queen's House
Retreat & Renewal Centre**

A Home Away from Home

**THE FIVE LOVE LANGUAGES:
A ST. VALENTINE'S DAY WORKSHOP**

In his bestseller book *The Five Love Languages: How to Express Heartfelt Commitment to Your Mate* Dr. Gary Chapman suggests that the many ways in which we express our love and appreciation to our spouses, family members and dear friends comes down to five basic "languages." And conflict or hurt feelings can arise when we continue to use our own "love language" rather than that of our loved one. In this lighthearted and informative workshop you will have the opportunity to learn the unique way in which you give and receive affection, and that of your loved one, so that communication between you is more fruitful and life-giving. An excellent workshop for those preparing for marriage, those who have been married for decades, and for family members or dear friends. It is recommended that you attend this workshop with a companion.



Thursday February 14

5:30 p.m. supper *(optional)*

6:30 - 9:00 p.m. workshop

\$25 - workshop

\$15 – supper

(add \$5.00 to enjoy wine with your meal)

Ten or more participants are needed in order to provide supper - please call ahead to ensure that supper is being offered. Thank you!

To register please call

306-242-1916

or email:

receptionist@queenshouse.org

Registration deadline:

Monday February 11



Sarah Donnelly was born and raised in southern Ontario, receiving her undergraduate degree from the University of Waterloo, her Masters of Divinity

from St. Peter's Seminary (University of Western Ontario) and her spiritual direction training from The Haden Institute: Spiritual Direction in the Jungian, Mystical, Christian Tradition. Sarah has been offering retreats and workshops since 1994. Her areas of interest include the deepening of our spiritual life and journey, our relationships with those we love, and the often lonely path of grief and loss. Sarah also offers the listening ministry of spiritual direction and grief support retreats. She is the Programming Director at Queen's House and part-time Pastoral Assistant at St. John's Anglican Cathedral. Visit her website: www.sarahdonnelly.ca

As we need a minimum number of registrants to offer this program please register if you plan on attending. If you are a last-minute participant please call Queen's House to confirm that the program is being offered. Thank you!