

## The Story of Ruth

TWELVE MOMENTS IN  
EVERY WOMAN'S LIFE

A Creative Study for Women

**Six Tuesday Evenings**  
**January 22 – February 26**  
**7:00 - 9:00 p.m.**

Cost: \$120 – registration fee includes materials used for the creative expression portion of the workshop.

*\*Note: Participants may source their own copy of The Story of Ruth – Twelve Moments in Every Woman's Life by Joan Chittister OSB. This book is recommended reading for the workshop series. The Refinery Office can order the book for you, if you are unable to source a copy, at a charge of \$26.00. Please allow time for delivery.*

### The Refinery Arts and Spirit Centre

609 Dufferin Avenue, Saskatoon

#### Three options for registration:

**Online:** [www.emmanuelrefinery.org/classes](http://www.emmanuelrefinery.org/classes)

**By phone:** (306) 653-3549

**In person** during Refinery office hours:  
Mondays, Wednesdays, Thursdays,  
9:00 a.m. – 1:00 p.m.

*Free parking is available in the Emmanuel Anglican Church parking lot or on the city street.*



Dianne Mesh is an Anglican priest currently serving at Emmanuel with the Refinery Anglican Church in Saskatoon. She is an experienced and compassionate companion on the spiritual journey and a skilled facilitator of small group conversation. Dianne is a storyteller who delights in stories - ancient and modern, epic and personal - that celebrate the power of spirit and soul.



Gisele Bauche is a professional artist who has been offering art workshops in a variety of mediums for many years. Her background in theology, scripture and art led her to integrate her art and spirituality. Gisele sees creative expression and the creative process as transformative, and as a means to assist one on their spiritual journey. Gisele offers retreats on Spirituality and Creative Process, Contemplation and Art, Healing and Art, Creativity and the Creative Process, and Iconography. She provides leadership with the Spiritual Direction Formation Program which is offered at Queen's House, and is a member of the Queen's House Programming Team. Her art work has been featured in the Catholic Extension Society's Calendar of Canada, Augsburg Fortress and Novalis Publications. Her art work has been commissioned by churches, organizations and institutions. Gisele authored the book, Giving Glory to God: Reflections of an Artist.

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**Six Tuesday Evenings**  
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**The Rev. Dianne Mesh**  
**Gisele Bauche**

**LOCATION OF PROGRAM:**  
**THE REFINERY ARTS & SPIRIT CENTRE**

**Queen's House**  
**Retreat & Renewal Centre**

—  
**A Home Away from Home**

# The Story of Ruth

TWELVE MOMENTS IN  
EVERY WOMAN'S LIFE

A Creative Study for Women

Queen's House Retreat & Renewal Centre and Emmanuel Anglican Church are very pleased to offer a unique and reflective six-week workshop series, based on Sr. Joan Chittister's book *The Story of Ruth – Twelve Moments in Every Woman's Life.*

Six Tuesdays evenings:

**January 22 – February 26, 2019**

7:00 p.m. – 9:00 p.m.

Classes will be held each week at:

**The Refinery Arts & Spirit Centre  
609 Dufferin Avenue, Saskatoon**



Though the story of Ruth is an ancient story, it is our story too.

The following extraordinary inscription, handwritten in a second hand copy of Joan Chittister's book, inspired and shaped this workshop series: "...be reminded of your inner courage and strength to follow the paths that are 'life-giving.' Every woman's journey is filled with challenges, adventures, disappointments and sorrows; but it also offers, in great abundance, profound joy and great rewards for our patient efforts. All women must journey with wisdom, strength and the conviction to define ourselves as 'woman' in our society."

Using Joan Chittister's book we will visit the twelve moments that ultimately shape us, with the hope of coming home to one's self.

This workshop series will offer a blend of storytelling, discussion, and creative expression. Participants will leave the session having created a special memento, capturing their personal connections to the moments shared in the Story of Ruth.

In this beautiful book best-selling author Joan Chittister and celebrated artist John August Swanson together reclaim the ancient story of Ruth as a model for contemporary women seeking a fully spiritual life.

In concert with Swanson's rich and evocative art, Chittister's graceful prose explores, through this powerful biblical story, a series of twelve defining moments in every woman's life moments of loss, change, transformation, aging, independence, respect, recognition, insight, empowerment, self-definition, invisibility and fulfillment.

A lovely blend of art and text, *The Story of Ruth* offers inspiration for women seeking wholeness and presents compelling devotional images for eyes and mind alike.

We will spend time exploring and reflecting on the following twelve chapters in the book *The Story of Ruth – Twelve Moments in Every Woman's Life.*

Loss • Change • Transformation • Aging

Independence • Respect • Recognition • Insight

Empowerment • Self-Definition • Invisibility • Fulfillment

Through readings, reflection, sharing and creative expression we will seek to better understand the ancient story of Ruth, and how as women today, we still connect with this story. We will journey from Loss through Independence to Fulfillment, a spiritual coming home to one's true self.

Weeks 1, 3, and 5 will be focus on better understanding the ancient story of Ruth and Joan Chittister's interpretation of it. Through storytelling and lessons Dianne Mesh will encourage group discussion and self-reflection.

The weeks following each discussion class, (weeks 2, 4, and 6) will focus on creative expression. Through a mixed media art process, artist Gisele Bauche will lead the group in the creation of three separate expressive pages, allowing us to share our own guiding moments on each page. Following the end of the workshop series, you will receive a bound hand-made journal, which will include your own mixed media pages. This journal will represent the story of you.