

## SPIRITUAL FORMATION DAYS

February 2019 - June 2020

9:00 a.m. - 4:00 p.m.

*Come to one or several sessions!*

- FEB 9 **Discernment and Prayer**  
Bishop Gerry Wiesner OMI
- MAR 9 **Exploring our Mystical Roots**  
Fr. Kevin McGee
- APR 13 **Faith Stages on the Spiritual Journey**  
Sr. Teresita Kambeitz OSU
- MAY 25 **Eco Spirituality and the Cosmos**  
Sr. Judy Schachtel SMS
- JUNE 15 **Guides for the Spiritual Journey: Hildegard of Bingen, Therese of Lisieux, and Teresa of Avila**  
Lucie Leduc
- JUNE 16 **Biblical Spirituality**  
Gisele Bauche
- SEPT 21 **Art as Spiritual Expression**  
Gisele Bauche
- OCT 19 **Dreams: Listening to the Holy Unconscious**  
James Schmeiser
- NOV 16 **Spiritual Formation through Grief and Loss**  
Sarah Donnelly
- DEC 14 **Spirituality/Psychology: Intimacy/Sexuality**  
Bill Nelson
- JAN 25 **BioSpiritual Focusing**  
Esther Stenberg
- FEB 8 **Twelve Step Spirituality/Codependency**  
Kim Morrison
- MAR 14 **First Nations Spirituality**  
Bishop Sylvain Lavoie OMI and Harry Lafond
- APR 18 **Ecumenism: Opening Spiritual Doors**  
Archbishop Don Bolen
- MAY 23 **Ignatian Spirituality**  
Dianne Mantyka
- JUNE 13 **Social Justice and Spirituality**  
Rev. Claire Ewert Fisher



## QUEEN'S HOUSE SPIRITUAL DIRECTORS

To arrange to have a Spiritual Director on an ongoing basis, see the roster of available spiritual directors at [queenshouse.org/spiritualdirection](http://queenshouse.org/spiritualdirection) or contact Sr. Adeline Behm, 306-242-1916.

*Spiritual Direction* is the process of accompanying someone on their spiritual journey.

The **Spiritual Director** is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The **Art of Spiritual Direction** lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.

## QUEENS HOUSE RETREAT & RENEWAL CENTRE

- ◆ Spiritual Direction & Silent Retreats
- ◆ Contemplation, Meditation, Prayer
- ◆ Spiritual Direction Formation & Support
- ◆ Ecumenical Encounter & Prayer
- ◆ Biblical Learning & Engagement
- ◆ Healing Retreats & Workshops
- ◆ 12-Steps Retreats & Gatherings
- ◆ Yoga & Holistic Practices
- ◆ Solitude & Hospitality
- ◆ Art & Iconography
- ◆ Fellowship, Celebration, Worship
- ◆ First Nations Spirituality & Encounter
- ◆ Spiritual Tools, Practices & Disciplines
- ◆ Seasonal Reflections with Liturgical Calendar

# Discernment and Prayer

**Saturday February 9**  
**9:00 a.m. - 4:00 p.m.**

Discernment in Prayer

paying  
attention  
to God

**Bishop Gerry Wiesner OMI**

**Queen's House  
Retreat & Renewal Centre**

***A Home Away from Home***

# Discernment and Prayer

**Saturday February 9  
9:00 a.m. - 4:00 p.m.**

As disciples and followers of Christ, an important and ongoing aspect of our spiritual journey is the action of discernment. Discernment is one part of discipleship which opens us up to God's movement in our lives. In this workshop we will reflect on how silence, listening, attentiveness and trust all help in discernment, opening us to the voice of the Spirit. We have the example of Jesus, who took time to listen to the voice of the Spirit, to be fed and led by the Spirit's wisdom through prayer, solitude and silence. We become better disciples and better companions to others by listening to the Spirit speaking in our minds, our hearts and our spirit. At the same time we pray for the grace that this prayerful listening will have a transforming effect in our very being, and in our lives.

## DISCERNMENT AND PRAYER

**Saturday February 9**

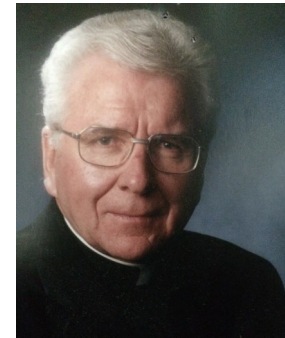
**9:00 a.m. - 4:00 p.m.**

Cost \$50 - includes lunch

\$40 - bring your own lunch

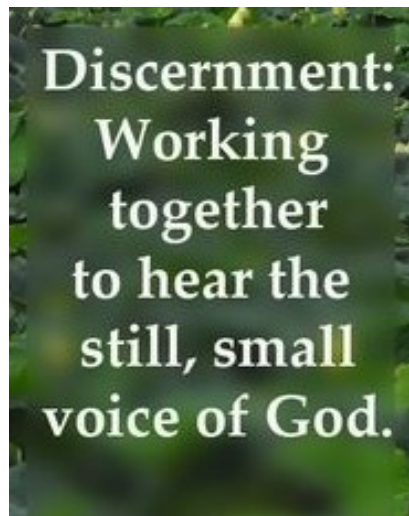
*This program is subsidized by the generous support of  
one of our donors*

Register with Queen's House  
306-242-1916 or  
[receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)



**Bishop Emeritus Gerry Wiesner, OMI** was ordained in 1963. His ministry has included seminary formation, lay formation, parish missions, retreats, teaching, and leadership. While serving

Prince George as bishop he was on several commissions and the executive of the Canadian Conference of Catholic Bishops. He taught theology at Newman College (Edmonton) and helped initiate the Lay Formation program in the Diocese of Saskatoon and again in the Prince George diocese. He is a team member of the Spiritual Direction Formation Program at Queen's House.



**Queen's House Retreat & Renewal Centre**  
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or  
email: [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)

For details on all programs:  
[www.queenshouse.org](http://www.queenshouse.org)