

## SPIRITUAL FORMATION DAYS

February 2019 - June 2020

9:00 a.m. - 4:00 p.m.

*Come to one or several sessions!*

APR 13 **Faith Stages on the Spiritual Journey**

Sr. Teresita Kambeitz OSU

MAY 25 **Eco Spirituality and the Cosmos**

Sr. Judy Schachtel SMS

JUNE 15 **Guides for the Spiritual Journey: Hildegard of Bingen, Therese of Lisieux, and Teresa of Avila**

Lucie Leduc

JUNE 16 **Biblical Spirituality**

Gisele Bauche and Bishop Gerry Wiesner OMI

SEPT 21 **Art as Spiritual Expression**

Gisele Bauche

OCT 19 **Dreams: Listening to the Holy Unconscious**

James Schmeiser

NOV 16 **Spiritual Formation through Grief and Loss**

Sarah Donnelly

DEC 14 **Spirituality/Psychology: Intimacy/Sexuality**

Bill Nelson

JAN 25 **BioSpiritual Focusing**

Esther Stenberg

FEB 8 **Twelve Step Spirituality/Codependency**

Kim Morrison

MAR 14 **First Nations Spirituality**

Bishop Sylvain Lavoie OMI and Harry Lafond

APR 18 **Ecumenism: Opening Spiritual Doors**

Archbishop Don Bolen

MAY 23 **Ignatian Spirituality**

Dianne Mantyka

JUNE 13 **Social Justice and Spirituality**

Rev. Claire Ewert Fisher



## QUEEN'S HOUSE SPIRITUAL DIRECTORS

To arrange to have a Spiritual Director on an ongoing basis, see the roster of available spiritual directors at [queenshouse.org/spiritualdirection](http://queenshouse.org/spiritualdirection) or contact Sr. Adeline Behm, 306-242-1916.

*Spiritual Direction* is the process of accompanying someone on their spiritual journey.

The *Spiritual Director* is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

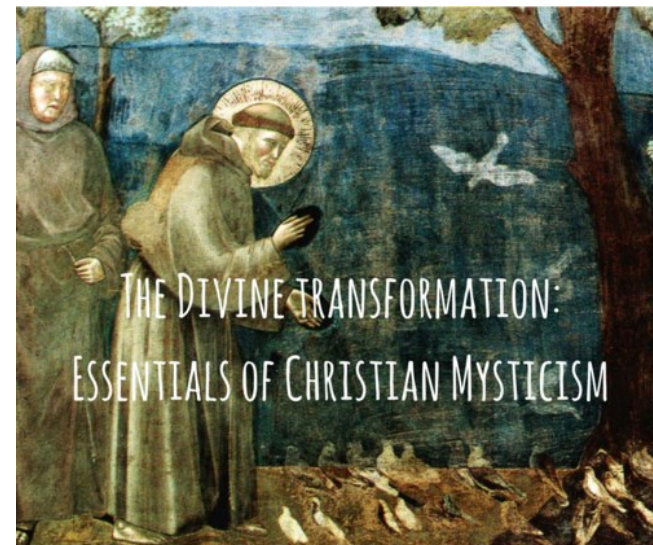
The *Art of Spiritual Direction* lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.

## QUEENS HOUSE RETREAT & RENEWAL CENTRE

- ◆ Spiritual Direction & Silent Retreats
- ◆ Contemplation, Meditation, Prayer
- ◆ Spiritual Direction Formation & Support
- ◆ Ecumenical Encounter & Prayer
- ◆ Biblical Learning & Engagement
- ◆ Healing Retreats & Workshops
- ◆ 12-Steps Retreats & Gatherings
- ◆ Yoga & Holistic Practices
- ◆ Solitude & Hospitality
- ◆ Art & Iconography
- ◆ Fellowship, Celebration, Worship
- ◆ First Nations Spirituality & Encounter
- ◆ Spiritual Tools, Practices & Disciplines
- ◆ Seasonal Reflections with Liturgical Calendar

# Exploring Our Mystical Roots

Saturday March 9  
9:00 a.m. - 4:00 p.m.



Fr. Kevin McGee

# Queen's House Retreat & Renewal Centre

—  
*A Home Away from Home*

# Exploring Our Mystical Roots

The Christian Contemplative tradition is rooted in the revelation of Jesus Christ as the Son of God who takes his place among us and within us through the outpouring of the Holy Spirit. Christ's word in sacred Scripture invite us to know the Father as he reveals the Father to us, "...no one knows the Father except the Son and those to whom the Son chooses to reveal him" (Matthew 11:27). Rather than an esoteric path reserved for a few, this is the invitation at the heart of the Good News of Jesus Christ communicated to all – to know God as the Divine source of all reality as made know to us by the Son!

The Christian Contemplative path, when properly understood, is not an alternative way of being a Christian – it is the path that leads into the intimate embrace of our Triune God.

This path, as lived throughout the centuries by mystics, monks, theologians, laypersons, priests, saints and searching sinners, affirms that the Christian life is a rooted in an experience of Christ who reveals to us the Father and who lives within the depths of our hearts.

A mystic is a man or woman who has said, 'yes' to this relationship and commits to a spiritual journey that leads to the freedom and joy knowing they are a child of God. As St. Paul writes to the Galatians, "God sent the spirit of His Son into our hearts, crying out 'Abba', Father!" (Gal 4:6).

As we explore our mystical roots, we affirm and uncover the rich treasure of this revelation that calls us to transformation and union with Christ.



Originally, from Grande Prairie Alberta, **Fr. Kevin McGee** was ordained to the priesthood for the Diocese of Saskatoon in 1997; he is currently the pastor of St. Augustine Parish and serves as the Vicar General. For several

years, he has taught on the Christian Contemplative tradition and Centering Prayer to a large variety of groups. He considers himself a part-time hermit and he has a hermitage that he goes to on a regular basis with his small community of furry companions: two pugs and a French bulldog.

## EXPLORING OUR MYSTICAL ROOTS

**Saturday March 9**  
**9:00 a.m. - 4:00 p.m.**

Cost \$50 - includes lunch  
\$40 - bring your own lunch

*This program is subsidized by the generous support of one of our donors*

Register with Queen's House  
306-242-1916 or  
receptionist@queenshouse.org

**Queen's House Retreat & Renewal Centre**  
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