

## SPIRITUAL FORMATION DAYS

February 2019 - June 2020

9:00 a.m. - 4:00 p.m.

*Come to one or several sessions!*

MAY 25 **Eco Spirituality and the Cosmos**  
Sr. Judy Schachtel SMS

JUNE 15 **Guides for the Spiritual Journey: Hildegard of Bingen, Therese of Lisieux, and Teresa of Avila**  
Lucie Leduc

JUNE 16 **Biblical Spirituality**  
Gisele Bauche and Bishop Gerry Wiesner OMI

SEPT 21 **Art as Spiritual Expression**  
Gisele Bauche

OCT 19 **Dreams: Listening to the Holy Unconscious**  
James Schmeiser

NOV 16 **Spiritual Formation through Grief and Loss**  
Sarah Donnelly

DEC 14 **Spirituality/Psychology: Intimacy/Sexuality**  
Bill Nelson

JAN 25 **BioSpiritual Focusing**  
Esther Stenberg

FEB 8 **Twelve Step Spirituality/Codependency**  
Kim Morrison

MAR 14 **First Nations Spirituality**  
Bishop Sylvain Lavoie OMI and Harry Lafond

APR 18 **Ecumenism: Opening Spiritual Doors**  
Archbishop Don Bolen

MAY 23 **Ignatian Spirituality**  
Dianne Mantyka

JUNE 13 **Social Justice and Spirituality**  
Rev. Claire Ewert Fisher



## QUEEN'S HOUSE SPIRITUAL DIRECTORS

To arrange to have a Spiritual Director on an ongoing basis, see the roster of available spiritual directors at [queenshouse.org/spiritualdirection](http://queenshouse.org/spiritualdirection) or contact Sr. Adeline Behm, 306-242-1916.

*Spiritual Direction* is the process of accompanying someone on their spiritual journey.

The **Spiritual Director** is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The **Art of Spiritual Direction** lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.

## QUEENS HOUSE RETREAT & RENEWAL CENTRE

- ◆ Spiritual Direction & Silent Retreats
- ◆ Contemplation, Meditation, Prayer
- ◆ Spiritual Direction Formation & Support
- ◆ Ecumenical Encounter & Prayer
- ◆ Biblical Learning & Engagement
- ◆ Healing Retreats & Workshops
- ◆ 12-Steps Retreats & Gatherings
- ◆ Yoga & Holistic Practices
- ◆ Solitude & Hospitality
- ◆ Art & Iconography
- ◆ Fellowship, Celebration, Worship
- ◆ First Nations Spirituality & Encounter
- ◆ Spiritual Tools, Practices & Disciplines
- ◆ Seasonal Reflections with Liturgical Calendar

# Faith Stages on the Spiritual Journey

Saturday April 13  
9:00 a.m. - 4:00 p.m.



**Sr. Teresita Kambeitz OSU**

**Queen's House  
Retreat & Renewal Centre**

***A Home Away from Home***

# Faith Stages on the Spiritual Journey

What is adult faith? With reference to James Fowler's stages of faith development, in this session we will examine elements of the human faith journey outlined by St. Paul: "When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways" (1Cor. 13:11). Some elements to be considered will be the various levels of cognitive development, abilities in perspective-taking, sources of authority, bounds of social awareness, and forms of moral judgment. We will also examine differences in the male and female spiritual journeys.

## FAITH STAGES ON THE SPIRITUAL JOURNEY

**Saturday April 13**  
**9:00 a.m. - 4:00 p.m.**

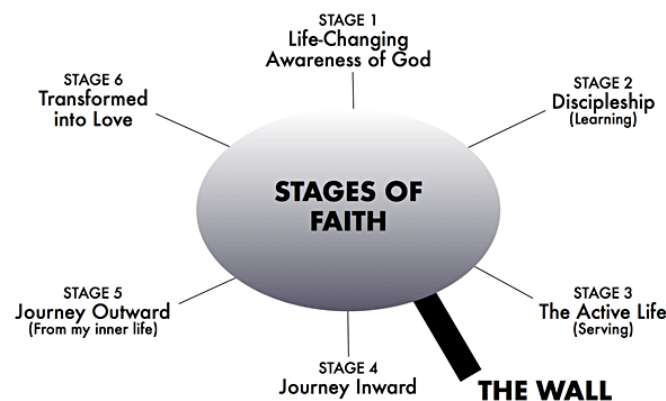
Cost \$50 - includes lunch  
\$40 - bring your own lunch

*This program is subsidized by the generous support of one of our donors*

Register with Queen's House  
306-242-1916 or  
[receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)



**Sister Teresita Kambeitz** teaches theology for teachers in the Master of Religious Education program. She also gives talks and conducts retreats throughout the diocese and beyond. Her vocation as teacher has been carried out in Swift Current, Holy Cross High School and St. Thomas More College in Saskatoon, Newman Theological College in Edmonton as well as overseas in summer courses for teachers in the Caribbean, Venezuela, Latvia and South Africa. An Ursuline of Prelate, she holds a Ph.D. from the University of Toronto and enjoys going on pilgrimages, reading, playing the piano, attending classical music concerts and engaging in stimulating conversations with friends and family. She grew up in Richmond, Saskatchewan, in the south-west corner of the province, in a family of two parents, four sisters and four brothers.



**Queen's House Retreat & Renewal Centre**  
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or  
email: [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)

For details on all programs:  
[www.queenshouse.org](http://www.queenshouse.org)