

## SPIRITUAL FORMATION DAYS

June 2019 - June 2020

9:00 a.m. - 4:00 p.m.

*Come to one or several sessions!*

JUNE 15 **Guides for the Spiritual Journey from Mystical Masters: Hildegard of Bingen, Therese of Lisieux, and Teresa of Avila**  
Lucie Leduc

JUNE 16 **Biblical Spirituality**  
Gisele Bauche and Bishop Gerry Wiesner OMI

SEPT 21 **Art as Spiritual Expression**  
Gisele Bauche

OCT 19 **Dreams: Listening to the Holy Unconscious**  
James Schmeiser

NOV 16 **Spiritual Formation through Grief and Loss**  
Sarah Donnelly

DEC 14 **Spirituality/Psychology: Intimacy/Sexuality**  
Bill Nelson

JAN 25 **BioSpiritual Focusing**  
Esther Stenberg

FEB 8 **Twelve Step Spirituality/Codependency**  
Kim Morrison

MAR 14 **First Nations Spirituality**  
Bishop Sylvain Lavoie OMI and Harry Lafond

APR 18 **Ecumenism: Opening Spiritual Doors**  
Archbishop Don Bolen

MAY 23 **Ignatian Spirituality**  
Dianne Mantyka

JUNE 13 **Social Justice and Spirituality**  
Rev. Claire Ewert Fisher

### Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or  
email: [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)

[www.queenshouse.org](http://www.queenshouse.org)



### QUEEN'S HOUSE SPIRITUAL DIRECTORS

To arrange to have a Spiritual Director on an ongoing basis, see the roster of available spiritual directors at [queenshouse.org/spiritualdirection](http://queenshouse.org/spiritualdirection) or contact Sr. Adeline Behm, 306-242-1916.

*Spiritual Direction* is the process of accompanying someone on their spiritual journey.

The *Spiritual Director* is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The *Art of Spiritual Direction* lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.

### QUEENS HOUSE RETREAT & RENEWAL CENTRE

- ◆ Spiritual Direction & Silent Retreats
- ◆ Contemplation, Meditation, Prayer
- ◆ Spiritual Direction Formation & Support
- ◆ Ecumenical Encounter & Prayer
- ◆ Biblical Learning & Engagement
- ◆ Healing Retreats & Workshops
- ◆ 12-Steps Retreats & Gatherings
- ◆ Yoga & Holistic Practices
- ◆ Solitude & Hospitality
- ◆ Art & Iconography
- ◆ Fellowship, Celebration, Worship
- ◆ First Nations Spirituality & Encounter
- ◆ Spiritual Tools, Practices & Disciplines
- ◆ Seasonal Reflections with Liturgical Calendar

# Guides for the Spiritual Journey

**HILDEGARD OF BINGEN  
THERESE OF LISIEUX  
TERESA OF AVILA**

**Saturday June 15  
9:00 a.m. - 4:00 p.m.**



**Lucie Leduc**

## Queen's House Retreat & Renewal Centre

—  
***A Home Away from Home***

# Guides for the Spiritual Journey from Mystical Masters

**TIMELESS WISDOM OF THREE DOCTORS  
OF THE CHURCH:**

**HILDEGARD OF BINGEN  
THERESE OF LISIEUX  
TERESA OF AVILA**

Anyone on a journey of spiritual accompaniment with others, or wanting to grow in self-awareness on the spiritual journey, will benefit from the wisdom and teaching of three great women doctors of the church: Hildegard of Bingen, Therese of Lisieux, and Teresa of Avila. Encounter them in their time and place and learn practical wisdom for spiritual growth and accompaniment for our times.



*Hildegard of Bingen*



*Therese of Lisieux*

*Teresa of Avila*

Let nothing disturb you.  
Let nothing make you afraid.  
All things are passing.  
God alone never changes.  
Patience gains all things.  
If you have God  
you will want for nothing.  
God alone suffices.

St. Teresa of Avila



**Lucie Leduc** currently resides and works in St. Albert, Alberta as Executive Director of Star of the North Retreat Centre. From 1998, she worked for fourteen years as Program Coordinator for Queen's House Retreat & Renewal Centre in Saskatoon. During that time, beginning in 2009, she completed the two year Spiritual Direction Formation Program through Queen's House. She acquired a B.Ed. from the University of Alberta, studied at Newman Theological College in Edmonton, and graduated with an M.A. in Spirituality through The Oblate School of Theology, San Antonio, TX in May, 2017. Through the years she has shared her joy and passion for the faith journey through a variety of retreat offerings on contemplative living, the mystics, scripture, and writing articles for publication.

**Saturday June 15**

**9:00 a.m. - 4:00 p.m.**

Cost \$50 - includes lunch

\$40 - bring your own lunch

*This program is subsidized by the generous support  
of one of our donors*

Register with Queen's House

306-242-1916 or

receptionist@queenshouse.org