



Rick McCorrister is an experienced spiritual director, educator, and group facilitator who enjoys sharing his passion for the spiritual journey with others and focusing on ways

to strengthen their spiritual journey. He has studied the Enneagram in its various forms for over 20 years, and has a significant appreciation for its use in self-understanding, in relationship building, and as a map for the spiritual journey. As a long-time educator, he brings a process of presentation and individual and group work to every event he coordinates. To facilitate a deep understanding of the Enneagram for our current lives, Rick incorporates the work of many contemporary Enneagram teachers along with that of George I. Gurdjieff, an early 20th century mystic. Rick is a graduate of the Pacific Jubilee Program in Spiritual Formation and Spiritual Direction.

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or email: receptionist@queenshouse.org

For details on all programs:
www.queenshouse.org

Queen's House

A sacred place to nourish your mind and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
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- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ Reflections on the Seasons of the Church Year
- ◆ 12-Steps Retreats & Gatherings
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NOURISH | **NURTURE**
YOUR MIND | YOUR SPIRIT

Explore your expanding home
at Queen's House

Exploring the Soul Energies of the Enneagram Centres

Saturday September 28

Saturday October 26

Saturday November 23

9:30 a.m. - 4:00 p.m.



Rick McCorrister

Queen's House
Retreat & Renewal Centre

—
A Home Away from Home

Exploring the Soul Energies of the Enneagram Centres

The Enneagram is an ancient symbol for spiritual transformation and growth and offers us the opportunity to cultivate deepening awareness, conscious choice, and wholeness in our lives.

In the past few decades Western psychological understandings have been integrated into the teachings of the Enneagram. On the surface the Enneagram depicts nine personalities that we individually manifest as we learn to live into this world. At a deeper level it depicts nine manifestations (or energies) of the Divine Essence within us ~ the Divine Image in which we are made ~ and it is at this level that the symbol becomes a map to the soul.

In this series we will explore how these divine energies connect us to our soul, how to listen to the soul and to live from that deeper place. We will do this exploration by focusing on each of the three centres ~ Gut/Action Centre, Heart/Feeling Centre, and Head/Thinking Centre.



Saturday September 28:

ACTION CENTRE - 8, 9, 1 (GUT)

A minimum of 10 participants are needed to offer this program. Registration deadline: **September 20.**

Saturday October 26:

FEELING CENTRE - 2, 3, 4 (HEART)

A minimum of 10 participants are needed to offer this program. Registration deadline: **October 18.**

Saturday November 23:

THINKING CENTRE - 5, 6, 7 (HEAD)

A minimum of 10 participants are needed to offer this program. Registration deadline: **November 20.**

Attend one or several sessions

9:30 a.m. - 4:00 p.m.

Cost: \$95 - includes lunch

Attend all three sessions for \$260

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These four-word sets of traits are mere highlights and do not represent the full spectrum of each type:

Type **One** is principled, purposeful, self-controlled, and perfectionistic.

Type **Two** is generous, demonstrative, people-pleasing, and possessive.

Type **Three** is adaptable, excelling, driven, and image-conscious.

Type **Four** is expressive, dramatic, self-absorbed, and temperamental.

Type **Five** is perceptive, innovative, secretive, and isolated.

Type **Six** is engaging, responsible, anxious, and suspicious.

Type **Seven** is spontaneous, versatile, acquisitive, and scattered.

Type **Eight** is self-confident, decisive, willful, and confrontational.

Type **Nine** is receptive, reassuring, complacent, and resigned.