

**SILENT GUIDED RETREAT: November 25-28, 2019**

Cost \$525.00

**Registration Form**

Registration deadline: November 18

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Gender: \_\_\_ Age: 18-30 \_\_\_ 31-45 \_\_\_ 46+ \_\_\_

Religious Affiliation: \_\_\_\_\_

Occupation: \_\_\_\_\_

Dietary or special needs: \_\_\_\_\_

First Silent Directed Retreat? Y/N \_\_\_\_\_

Have experienced seeing a spiritual director?

Y/N \_\_\_\_\_

To register please contact and send this form to

**Dianne Mantyka**

dimantyka@sasktel.net • 306-514-2193

**Registration deadline: November 18**

A non-refundable deposit of \$100 is required when registering, to be refunded if

Queen's House cancels this retreat.

Please call 306-242-1916

or visit Queen's House for payment:

601 Taylor Street West, Saskatoon SK

**Queen's House  
Retreat & Renewal Centre**

***A Home Away from Home***

One with the Missionary Oblates of Mary Immaculate, Queen's House serves the church with the mission of Christ Jesus, sent to announce good news to the poor, freedom to captives and new vision for the blind (Luke 4). A place of hospitality, beauty and quiet, Queen's House welcomes all peoples in their unique life experiences, with special regard for those who are feeling alienated or who are suffering. We come to pray and worship, to seek healing and human dignity, and to grow in knowledge of ourselves, the world and God. With risk and daring, Queen's House responds to these needs through creative programs and collaborative ministry:

- Spiritual Direction & Silent Retreats
- Contemplation, Meditation, Prayer
- Spiritual Direction Formation & Support
- Biblical Learning & Engagement
- Healing Retreats & Workshops
- 12-Steps Retreats & Gatherings
- Yoga & Holistic Practices
- Ecumenical Encounters
- Solitude & Hospitality
- Art & Iconography
- Fellowship, Celebration, Worship
- First Nations Spirituality & Encounter
- Spiritual Tools, Practices & Disciplines
- Seasonal Reflections with Liturgical Calendar

**Detailed program listings:**

**[www.queenshouse.org](http://www.queenshouse.org)**

**For registration, or to inquire about receiving spiritual direction, call 306-242-1916 or email [receptionist@queenshouse.org](mailto:receptionist@queenshouse.org)**

**Silent Guided Retreat**

*"Come away with me..."*

**Monday Nov. 25, 4:00 p.m. -**

**Thursday Nov. 28, 1:00 p.m.**



**Dianne Mantyka, M. Div.**

**Queen's House  
Retreat & Renewal Centre**

***A Home Away from Home***

## SEVEN DAY SILENT GUIDED RETREAT

*"Come away with me by yourselves to a quiet place and rest awhile." Mark 6:31*

Come to this peaceful riverside setting in the days leading up to the seasons of Advent and Christmas to restore, realign and strengthen your soul. Throughout this time in silence and solitude you will have opportunity to meet daily with a spiritual director and to spend time praying with scripture. Taking time for this retreat is a means to help you encounter God, become aware of the Spirit, and to live out more freely Christ's presence in your life.

**Friday November 25, 4:00 p.m. -**

**Thursday November 28, 1:00 p.m.**

\$525 (live-in only) - includes lodging, meals, spiritual direction and facilitation.

**Spiritual Direction** is the process of accompanying someone on their spiritual journey.

The **Spiritual Director** is a dedicated traveler of the interior pathways who has skills to accompany another person's searching through life's ups and downs. The Director listens, encourages, supports and assists the person to pay attention to their life and to God.

The **Art of Spiritual Direction** lies in uncovering the obvious in our lives and in realizing that every day events are the means by which God reaches us, accompanies us, and transforms us.



**Dianne Mantyka** loves accompanying those on their path of becoming all they are created to be in loving relationship to God, self, nature and others. She believes God is continually making all

things new in our lives as we attentively surrender to Christ's Presence being revealed. She holds an M.Div. with a Spiritual Theology concentration from Regent College, has CPE training, and has experience in inner healing prayer ministry and a variety of prayer forms. Her background includes biology, missions, and 19 years in Inter-Varsity campus ministry. She is a wife, care-giver, step-mom, and Oma. She enjoys her family, friendships, canine companion, time in the outdoors, reading, creativity, learning and empowering.

With Queen's House, Dianne co-directs the Spiritual Direction Formation Program, is on the Programming Team and the Spiritual Directors Team, and offers Silent Directed Retreats and the Nineteenth Annotation.

Her experience connects her with a variety of backgrounds.

dimantyka@sasktel.net • 306-514-2193



"The art of being on a **retreat** is the art of being where you are." - Henri Nouwen

"It is always an act of faith to trust **silence**. ...Silence is what surrounds everything. When you can train yourself to reverence the silence around things, you first begin to see things in themselves and for themselves. This 'divine' silence is before, after, and between all events for those who see respectfully.

When our interior silence can actually feel and value the silence that surrounds everything else, we have entered the house of wisdom ... the very heart of prayer." - Richard Rohr OFM

"Faith comes by **hearing**, and hearing by the Word." - Romans 10:17

### SPIRITUAL FORMATION DAYS

**December 2019 - June 2020**

**9:00 a.m. - 4:00 p.m.**

*Come to one or several sessions!*

DEC 14 **Spiritual Formation through Grief and Loss**

Sarah Donnelly

JAN 25 **BioSpiritual Focusing**

Esther Stenberg

FEB 8 **Twelve Step Spirituality/Codependency**

Kim Morrison

MAR 14 **First Nations Spirituality**

Bishop Sylvain Lavoie OMI and Harry Lafond

APR 18 **Ecumenism: Opening Spiritual Doors**

Archbishop Don Bolen

MAY 23 **Ignatian Spirituality**

Dianne Mantyka

JUNE 13 **Social Justice and Spirituality**

Rev. Claire Ewert Fisher