The Story of Ruth

TWELVE MOMENTS IN
EVERY WOMAN'S LIFE
A Creative Study for Women

Six Monday Evenings October 21 - November 25 7:00 - 9:00 p.m.

Cost: \$125 – registration fee includes materials used for the creative expression portion of the workshop.

Registration limited to 13 participants - register soon!

Call Queen's House to register:

306-242-1916

*Note: Participants will source their own copy of <u>The Story of Ruth – Twelve Moments in Every Woman's Life</u> by Joan Chittister OSB. This book is recommended reading for the workshop series.

Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

306-242-1916; Fax: 306-653-5941

email: receptionist@queenshouse.org

For details on all programs:

www.queenshouse.org



Gisele Bauche is a professional artist who has been offering art workshops in a variety of mediums for many years. Her background in theology, scripture and art led her to integrate her art and spirituality. Gisele sees creative expression and the

creative process as transformative, and as a means to assist one on their spiritual journey. Gisele offers retreats on Spirituality and Creative Process, Contemplation and Art, Healing and Art, Creativity and the Creative Process, and Iconography. She provides leadership with the Spiritual Direction Formation Program which is offered at Queen's House, and is a member of the Queen's House Programming Team. Her art work has been featured in the Catholic Extension Society's Calendar of Canada, Augsburg Fortress and Novalis Publications. Her art work has been commissioned by churches, organizations and institutions. Gisele authored the book, Giving Glory to God: Reflections of an Artist.



Janice Cook is the Program Coordinator at Emmanuel Anglican Church with The Refinery Arts and Spirit Centre. She is responsible for the design and coordination of programs offered at The Refinery Arts and Spirit Centre, as well as facility rentals and community

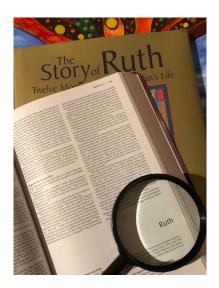
engagement bookings in Emmanuel facilities. This role allows Janice to meet and work with people who live and work in our arts community and serve those who are passionate about nurturing their mind, body, and spirit. Connecting people and gathering community is the foundation of her work.

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Gisele Bauche
Janice Cook

Queen's House Retreat & Renewal Centre

A Home Away from Home

The Story of Ruth

TWELVE MOMENTS IN EVERY WOMAN'S LIFE

A Creative Study for Women

Queen's House Retreat & Renewal Centre and Emmanuel Anglican Church are very pleased to offer a unique and reflective six-week workshop series, based on Sr. Joan Chittister's book <u>The Story of Ruth – Twelve Moments in Every Woman's Life</u>.

Six Mondays evenings:

October 21 – November 25, 2019
7:00 p.m. – 9:00 p.m.

To register please call Queen's House: 306-242-1916 or email: receptionist@queenshouse.org





Though the story of Ruth is an ancient story, it is our story too.

The following extraordinary inscription, hand-written in a second hand copy of Joan Chittister's book, inspired and shaped this workshop series: "...be reminded of your inner courage and strength to follow the paths that are 'life-giving.' Every woman's journey is filled with challenges, adventures, disappointments and sorrows; but it also offers, in great abundance, profound joy and great rewards for our patient efforts. All women must journey with wisdom, strength and the conviction to define ourselves as 'woman' in our society."

Using Joan Chittister's book we will visit the twelve moments that ultimately shape us, with the hope of coming home to one's self.

This workshop series will offer a blend of storytelling, discussion, and creative expression. Participants will leave the session having created special mementos, capturing their personal connections to the moments shared in the Story of Ruth.

In this beautiful book best-selling author Joan Chittister and celebrated artist John August Swanson together reclaim the ancient story of Ruth as a model for contemporary women seeking a fully spiritual life.

In concert with Swanson's rich and evocative art, Chittister's graceful prose explores, through this powerful biblical story, a series of twelve defining moments in every woman's life moments of loss, change, transformation, aging, independence, respect, recognition, insight, empowerment, self-definition, invisibility and fulfillment.

A lovely blend of art and text, <u>The Story of Ruth</u> offers inspiration for women seeking wholeness and presents compelling devotional images for eyes and mind alike.

We will spend time exploring and reflecting on the following twelve chapters in the book <u>The Story of Ruth – Twelve Moments in</u> Every Woman's Life.

Loss • Change • Transformation • Aging

Independence • Respect • Recognition • Insight

Empowerment • Self-Definition • Invisibility • Fulfillment

Through readings, reflection, sharing and creative expression we will seek to better understand the ancient story of Ruth, and how as women today, we still connect with this story. We will journey from Loss through Independence to Fulfillment, a spiritual coming home to one's true self.

Weeks 1, 3, and 5 will focus on better understanding the ancient story of Ruth and Joan Chittister's interpretation of this story. Through storytelling and lessons, Gisele will lead and encourage group discussion and self-reflection.

The weeks following each discussion class (weeks 2, 4, and 6) will focus on creative expression. Through a mixed media art process, Gisele and Janice will lead the group in the creation of three separate expressive canvases, allowing us to share our own guiding moments on each canvas. At the end of the workshop series, you will take away three beautiful and expressive canvases representing the personal story of you.