



24 HOUR EUCHARISTIC ADORATION

What is Eucharistic Adoration?

Understood simply, Eucharistic Adoration is honouring the Eucharistic Presence of Christ. In a deeper sense, it involves “the contemplation of the Mystery of Christ truly present before us.” During Eucharistic Adoration, we watch and wait, we remain silent in His Presence and open ourselves to His Graces which flow from the Eucharist. In its fullest essence, Eucharistic Adoration is “God and Humanity reaching out for each other, at the same time.”

Fourth Monday of each month,
12:00 p.m. to fourth Tuesday
of each month, 12:00 p.m.
(except July, August and December)

The Stillness Chapel is always available to the public for prayer and reflection, even during this 24 hour period. Please come anytime.

Queen’s House

A sacred place to nourish your mind
and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ Reflections on the Seasons of the Church Year
- ◆ 12-Steps Retreats & Gatherings
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Community, Celebration, Worship

NOURISH | **NURTURE**
YOUR MIND | YOUR SPIRIT

Explore your expanding home
at **Queen’s House**

Queen’s House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or
email: receptionist@queenshouse.org

For details on all programs:
www.queenshouse.org

Praying at Queen’s House

September 2019 - June 2020



Eucharistic Celebrations

Centering Prayer

Taizé Prayer

24 Hour Eucharistic Adoration

Queen’s House
Retreat & Renewal Centre

Nourish Your Mind - Nurture Your Spirit



TAIZÉ PRAYER FOR CHRISTIAN UNITY

Second Wednesday of the month
7:00 - 8:00 p.m.
September - June
Donations appreciated.

Members of our L'Arche Community provide the leadership for the Taizé Prayer Service.

The Taizé Community is an ecumenical monastic order in Taizé, France. By its very existence, the community is a "parable of community" that wants its life to be a sign of reconciliation between divided Christians and between separated peoples. The community has become one of the world's most important sites of Christian pilgrimage. More than 100,000 young people from around the world make pilgrimages to Taizé each year for prayer, Bible study, sharing, and communal work. Through the community's ecumenical outlook, they are encouraged to live in the spirit of kindness, simplicity and reconciliation.

Meditative singing is one of the most essential elements of worship in Taizé. Short songs, repeating again and again, give it a meditative character.

September 11 • October 9
November 13 • December 11
January 8 • February 12 • March 11
April 8 • May 13 • June 10

CENTERING PRAYER

Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. This method of prayer is both a relationship with God and a discipline to foster that relationship.

Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer - verbal, mental or affective prayer - into a receptive prayer of resting in God. Centering Prayer emphasizes prayer as a personal relationship with God and as a movement beyond *conversation with Christ to communion with God*.

Monday evenings
7:00 - 8:30 p.m.
September 2019 - June 2020

Please note that Centering Prayer is not offered on holiday Mondays.

Would spending some time at Queen's House nourish your mind and nurture your spirit?

Please know that you are very welcome, whether you come for a few hours, or stay for one or more days. Please call the receptionist to explore the possibilities.

Peace be with you - see you soon!



EUCCHARISTIC CELEBRATIONS

All are warmly invited to join Fr. Paul Fachel, OMI and the staff of Queen's House at a weekly Eucharist service on Wednesday afternoons, 2:30 p.m. September - June. Whether you drop in or are here for a retreat or a day or rest, we welcome you to this time of prayer and worship. Please call ahead to confirm the time of this service.



To learn more about any of these gatherings
please call
306-242-1916
or email:

receptionist@queenshouse.org