

SPIRITUAL FORMATION DAYS

October 2019 - June 2020

9:00 a.m. - 4:00 p.m.

Come to one or several sessions!

- OCT 19 **Dreams: Listening to the Holy Unconscious**
James Schmeiser
- NOV 16 **Spirituality/Psychology: Intimacy/Sexuality**
Bill Nelson
- DEC 14 **Spiritual Formation through Grief and Loss**
Sarah Donnelly
- JAN 25 **BioSpiritual Focusing**
Esther Stenberg
- FEB 8 **Twelve Step Spirituality/Codependency**
Kim Morrison
- MAR 14 **First Nations Spirituality**
Bishop Sylvain Lavoie OMI and Harry Lafond
- APR 18 **Ecumenism: Opening Spiritual Doors**
Archbishop Don Bolen
- MAY 23 **Ignatian Spirituality**
Dianne Mantyka
- JUNE 13 **Social Justice and Spirituality**
Rev. Claire Ewert Fisher

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or
email: receptionist@queenshouse.org

For details on all programs:
www.queenshouse.org

Queen's House

A retreat centre founded 60 years ago by the Oblates of Mary Immaculate.

A sacred place - welcoming all people -
to nourish your mind
and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ Reflections on the Seasons of the Church Year
- ◆ 12-Steps Retreats & Gatherings
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Community, Celebration, Worship

NOURISH | **NURTURE**
YOUR MIND | YOUR SPIRIT

Explore your expanding home
at **Queen's House**

Listening to the Holy Unconscious through our Dreams

Saturday October 19
9:00 a.m. - 4:00 p.m.



James Schmeiser

Queen's House
Retreat & Renewal Centre

Nourish Your Mind - Nurture Your Spirit

Listening to the Holy Unconscious through our Dreams

This workshop will focus on the significance of dreams in our spiritual journey. It will remind all of us who walk, in a conscious and helpful way with others on this journey, that often the central issue to be attended to on a daily basis is given to us the night before in our sleep. Insight into this journey is given to us in many ways; however, our focus will be on the significance of dreams. Time permitting, various methodologies of working with our dreams will be offered.



LISTENING TO THE HOLY UNCONSCIOUS THROUGH OUR DREAMS

Saturday October 19

9:00 a.m. - 4:00 p.m.

Cost \$50 - includes lunch

\$40 - bring your own lunch

This program is subsidized by the generous support of one of our donors - limited bursaries available

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James Schmeiser is a Professor Emeritus of King's University College, Western University, London, Ontario. He introduced and taught courses on dreams and spirituality for many years. Presently he leads dream workshops, retreats and is a spiritual director in London and, by Skype, to wherever there is interest.

