



Simon Lasair is a seasoned practitioner of contemplative Christianity, seeing contemplation as crucial for his most important roles: husband of Bronwyn and father of Beth and Alex. Simon is also a Certified Spiritual Care Practitioner with the Canadian Association for Spiritual Care and a nationally recognized leader in spirituality and spiritual care research. He holds a PhD in Middle Eastern Studies from the University of Manchester, UK, and has taught in several post-secondary settings. He most recently worked as a spiritual care practitioner in both public and faith-based healthcare organizations.

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To register please call **306-242-1916** or
email: receptionist@queenshouse.org
For details on all programs:
www.queenshouse.org

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and nurture your spirit through:

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NOURISH | **NURTURE**
YOUR MIND | YOUR SPIRIT

Explore your expanding home
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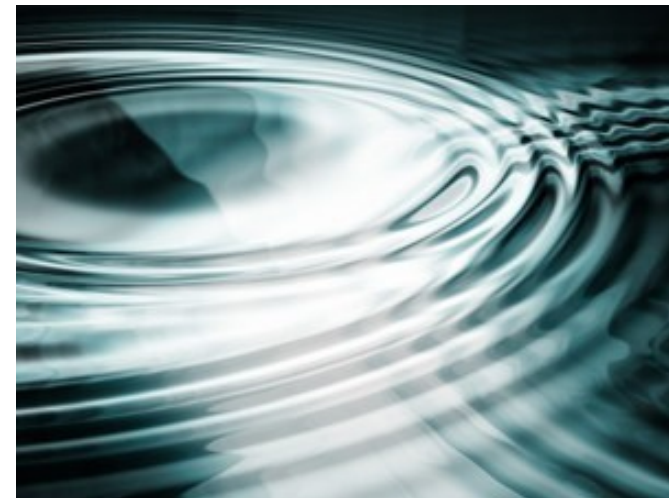
Incarnation, Spirituality, & Cultural Transformation

Friday November 29

7:00 - 9:00 p.m.

Saturday November 30

9:30 a.m. - 3:30 p.m.



Simon Lasair, PhD

Queen's House
Retreat & Renewal Centre

Nourish Your Mind - Nurture Your Spirit

Incarnation, Spirituality, and Cultural Transformation

Incarnation, Spirituality, and Cultural Transformation—all loaded terms, but all with deep meaning depending on how we understand them. In this retreat, Incarnation will be understood as a concept central to Christianity. Not only does it express the Christian understanding that Jesus was God in human flesh, but it also expresses a truth about how Christians can live in the world by following the way of Jesus. Incarnation thus invites us all to know and experience the Divine within us, moving from being simply created in the image of God to being re-created in the likeness of the Christ as revealed in Jesus. This is the goal of Christian spirituality: to engage in this transformative work, becoming more and more like the Christ by following the way of Jesus.

This retreat will therefore be oriented toward knowing and experiencing the presence of the Christ within every participant. Through contemplative practice, reflective exercises, and didactic teaching sessions, participants will begin to understand how all of life, even those parts of life they might experience as uncomfortable or distressing, has been infused with a Divine Presence, beckoning them to deeper awareness, and fuller engagement with themselves, others, and the world around them. By becoming more open to what their life might offer in terms of lessons, healing, and transformation, participants will also be invited to consider how they might share these positive experiences with others through the way they live their lives and engage their various communities. Ultimately, participants will be invited to see all their lives as gifts, filled with a deep abundance that has the potential to transform our cultures and our world when lived fully and when expressed with love and generosity.

**Friday November 29
7:00 - 9:00 p.m.**

**Saturday November 30
9:30 a.m. - 3:30 p.m.**

Cost: \$95 - includes lunch

A minimum of 10 participants are needed to offer this program.

Registration deadline: **November 25**

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