

In this time of reflecting on the many gifts we have received in our lives, we offer you an opportunity to support Queen's House, as a place where you can **"Nourish Your Mind" and Nurture Your Spirit** in the years to come. Please consider this invitation to support the ministry of this special place...



SNOWBALL FLING LOTTERY 2019

A winner is drawn each day in ADVENT!

Monday - Friday winners are awarded \$150 daily. Saturday and Sunday winners are awarded \$225. A special Mazenod Oblate Feast Day, December 8, 2019 draw, will award \$1000. On December 25, the 50/50 winner will be awarded.

To purchase tickets visit our webpage: http://www.queenshouse.org/?page_id=7528 or call 306-242-1916, Monday-Friday, 9am-4pm.

Queen's House

A sacred place to nourish your mind
and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ Reflections on the Seasons of the Church Year
- ◆ 12-Steps Retreats & Gatherings
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Community, Celebration, Worship

NOURISH | **NURTURE**
YOUR MIND | YOUR SPIRIT

Explore your expanding home
at Queen's House

Waiting...Creatively PRAYING WITH ART

**Tuesday evenings,
December 3 & 10
7:00 - 9:00 p.m.**

repeated

**Wednesday mornings,
December 4 & 11
10:00 a.m. - 12:00 p.m.**



Sr. Felicitas Drobig, osu

**Queen's House
Retreat & Renewal Centre**

Nourish Your Mind - Nurture Your Spirit

Waiting...Creatively

PRAYING WITH ART

Advent is a time of waiting. Do you wait in anticipation to celebrate the birth of Christ or do you wait fretfully, worried about all you have yet to do? Take some time out to join us for two evenings or mornings of art-making, creatively exploring your response to waiting for the Messiah. All materials supplied. No experience necessary.



**Tuesday evenings,
December 3 & 10
7:00 - 9:00 p.m.**

repeated

**Wednesday mornings,
December 4 & 11
10:00 a.m. - 12:00 p.m.**

Cost: \$80 for both sessions

Add lunch on Wednesdays: \$13*

**Please confirm with the receptionist that lunch will be served on this day*

A Celebration of the Eucharist is held on Wednesdays, 2:30 p.m. - all are welcome to join staff and guests for this service

A minimum of 6 participants are needed to offer this program.

Registration deadline: **November 26**

To register please call

306-242-1916

or email:

receptionist@queenshouse.org

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

For details on all programs:
www.queenshouse.org

Felicitas Drobig, **osu** is an Ursuline of Prelate (Roman Catholic Sister) and a professional art therapist. Born in Germany, Felicitas' family came to Canada when



Felicitas was a teenager. She quickly came to love the country and its people.

Felicitas' interest in the arts and her wish to help people eventually led her into the field of art therapy. Her first day at the Kutenai Art Therapy Institute in Nelson, BC, felt like coming home. Felicitas graduated from the Institute in 2007 and since then has had her private art therapy practice in Saskatoon; Art'iculate Art Therapy Services. She works with individual clients, both adults and children, but she has also given workshops for various church and professional groups and has previously been a presenter at Queen's House Retreat and Renewal Centre. Her special passion is exploring art, faith, and spirituality.