

# Healing Our Losses

## ART THERAPY

with Sr. Felicitas Drobig, OSU

**Date and Time:** Tuesday evenings, January 7, 14, 21, 28  
6:00 - 8:00 p.m.

**Cost:** \$120.00 for 4 sessions

A minimum of 6 participants are needed to offer this program.  
Registration deadline: **January 3, 2020**

**To register please contact Sr. Felicitas directly:**  
[fdosu@sasktel.net](mailto:fdosu@sasktel.net); 306-260-7311

**Detail:** Art allows us to go deeper than words and to get in touch with what is in our innermost being. Grief and loss bring with them overwhelming feelings which often cannot be expressed verbally. Art is a gentle way to deal with these feelings and to start on the road to healing. Join us for four evenings. All materials supplied. No experience necessary.

**Presenter:** **Felicitas Drobig, osu** is an Ursuline of Prelate (Roman Catholic Sister) and a professional art therapist. Born in Germany, Felicitas' family came to Canada when Felicitas was a teenager. She quickly came to love the country and its people.

Felicitas' interest in the arts and her wish to help people eventually led her into the field of art therapy. Her first day at the Kutenai Art Therapy Institute in Nelson, BC, felt like coming home. Felicitas graduated from the Institute in 2007 and since then has had her private art therapy practice in Saskatoon; Art'iculate Art Therapy Services. She works with individual clients, both adults and children, but she has also given workshops for various church and professional groups and has previously been a presenter at Queen's House Retreat and Renewal Centre. Her special passion is exploring art, faith, and spirituality.