

The Journey Toward an Undivided Life

A COURAGE AND RENEWAL® RETREAT

with Dan Hines

Date and Time: Friday April 24, 7:00 - 9:00 p.m.
Saturday April 25, 9:00 a.m. - 5:00 p.m.

Free Lecture: Thursday April 23, 7:00 - 9:00 p.m.
The Activist as Mystic: A Hidden Wholeness

Cost: \$180.00 – includes lunch on Saturday
\$16/supper - add supper on either Friday and/or Saturday evenings*
**Please confirm with receptionist that supper will be served on these evenings*

Bed & breakfast available from \$69/night

Limited bursaries available - inquire when registering

Offsite childcare available if requested when registering

To register please call 306-242-1916 or email: receptionist@queenshouse.org
Registration is limited to 100 participants. A \$25 Deposit is required when registering.
Registration deadline: Thursday April 9

Thursday April 23: The Activist as Mystic: A Hidden Wholeness

How do we courageously and creatively hold the tension between our idealism and our realism? A free lecture - please register to assist with the planning for this session.

April 24 - 25: The Journey Toward an Undivided Life

The Journey Toward an Undivided Life retreat, guided by Dan Hines, offers you a rare, focused and reflective space in the presence of a supportive community to engage questions of importance to you and deepen your understanding of the relationship between who you are and what you do.

Courage & Renewal® retreats foster personal and professional renewal by offering the time and space to:

- Pause, disconnect from technology and be still.
- Explore where you are on your journey.
- Talk through and honor both struggles and successes.
- Witness and be witnessed, listen and be listened to.
- Learn new skills for strengthening your capacity to ask open and honest questions, hold tensions, and rejoin soul and role.

The Process: Together, we will engage in large and small group conversations focused on evocative texts and questions, experience silence, solitude and journaling for reflection, and tell stories from our own lives and work, thereby creating a shared process of exploring the intersection of our inner passion, courage and sense of purpose that gives meaning to our life and work in the world. You will also have an opportunity to participate in a Clearness Committee, a Quaker discernment practice designed to help individuals hear their own inner wisdom while drawing on the wisdom of others.

This program is based on the Circle of Trust® approach developed by the Center for Courage & Renewal and Parker J. Palmer. More information about the Circle of Trust approach and clearness committees may be found in Parker Palmer's book, [A Hidden Wholeness: The Journey Toward an Undivided Life](#), or online at www.couragerenewal.org

RETREAT FACILITATOR

Mentored by the activist and writer, Parker J. Palmer, **Dan Hines** is an international leadership consultant, coach, speaker and Courage & Renewal® facilitator with the Center for Courage & Renewal. His approach as a facilitator, Anglican priest, consultant and coach is to help others rediscover their integrity and authentic identity. Dan co-founded the RareBirds Housing Co-operative, an intentional community in Kamloops, BC, Canada. Recently, he lived and worked for the past two years in China: teaching leadership workshops and helping to develop a holistic center near Beijing. Dan holds a Master of Divinity and has a background in non-profit management, contracting and in horticulture. He has run for political office and is involved in local community initiatives.

www.danhines.ca ● website

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www.CourageRenewal.org ● website

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