

Spiritual Days A Twelve Step Retreat

LETTING GO AND LETTING GOD

with Brad Bodnarchuk and Brian Bauche

Date and Time: Friday March 27, 7:00 p.m. - Sunday March 29, lunch

Cost: \$190 - Commuter rate - includes program, lunch and supper Saturday and lunch Sunday
Add a dayroom to rest for \$30/day
Add breakfast for \$9.50/day

Enrich your retreat by staying at the retreat centre - program, accommodations and all meals Saturday breakfast to Sunday lunch: \$315

A minimum of 11 participants are needed to offer this program

Registration deadline: **March 20, 2020**

To register please call 306-242-1916 or email: receptionist@queenshouse.org

Detail: **Let Go and Let God Retreat** - Have you heard this phrase before? What does it mean to let go? Let go of what, exactly? And how is this going to be helpful to you and your love ones suffering from addiction dependency? Take a big breath now, we have answers for you or possible solutions. Do you feel out of control? Are you grasping for certainty, guarantees? Do you feel responsible for people you love? Let go and let God is a very, very popular expression in the world of recovery. And let's be clear that in this community we never do judgment, so if you are religious or not, you're welcome to come and participate in this retreat. This retreat will be for all of us who've grown up in a world in which there were some quiet rules given to us:

The first rule was we don't talk.

The second rule is we don't feel.

The third rule is we don't trust.

And the Keystone of this design, this structure of disaster, is that we never ask for help.

All are most welcome

A Retreat for Women and Men

Presenters:

Brad Bodnarchuk Addictions Counselor B.A., BT.H., M.TH., CD.P, BCC

Brad is a Hazelton-Trained, and educated counselor who believes deeply in treating every person with respect, love and compassion. His own recovery journey gives him tremendous insight into how those afflicted with the disease of addiction needs to be cared for. Brad also believes that the whole family is impacted by the disease of alcoholism and addiction and offers support and strategies of recovery for the entire family. Brad's spiritual insights and practices are in valuable assets for those seeking to renew their lives with spiritual principles as their guideposts.

Brad has been facilitating retreats at Queen's House over the last 25 years.

Brian Bauche

Brian is a respected teacher and school administrator who served Greater Saskatoon Catholic Schools for 30 years. He has worked for the last five years with the Roman Catholic Diocese of Prince Albert providing spiritual retreats in his role with Youth/Family Ministry. He has been involved with 12 Step Programs for over 30 years now, providing 12 Step Retreats at Queen's House, Men's Retreats at the P.A Penitentiary, and volunteering with 12 step work at Calder and the Saskatchewan Correctional Institute Bravo Unit. His personal story is woven into his talks and presentations, providing a unique perspective to living the principles of 12 step programs, one day at a time in our personal lives.