

**UPCOMING ART THERAPY
PROGRAMS WITH
SR. FELICITAS DROBIG, OSU**

Please note: all art therapy programs are being offered in-person only at Queen's House

Praying with Art

Wednesday November 4

6:30 - 9:30 p.m.

repeated

Thursday November 5,

1:00 - 4:00 p.m.

**Waiting...Creatively
An Advent Retreat**

Tuesday evenings,

December 2 & 9

7:00 - 9:00 p.m.

repeated

Wednesday mornings,

December 3 & 10

9:30 - 11:30 a.m.



A sacred place to nourish your mind
and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ 12-Steps Retreats & Gatherings
- ◆ First Nations Spirituality & Encounter
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography



Photo by Grant Martin, on the grounds of Queen's House

**Contemplative
Photography**

**Thursday afternoons,
October 1, 8 & 15
2:00 - 4:00 p.m.**

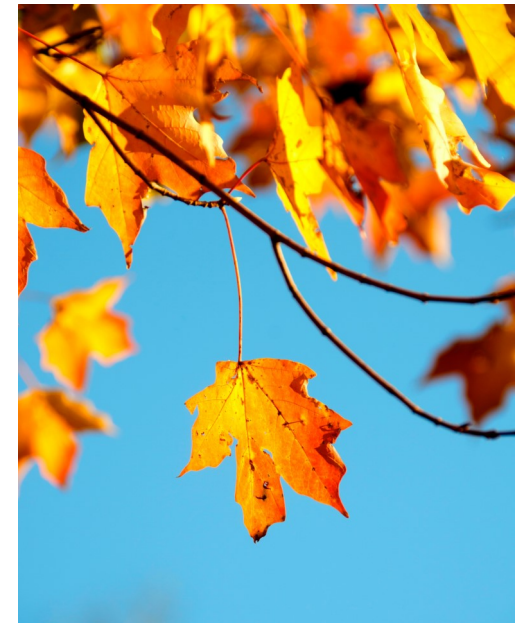


Photo by Stephen Ellis on Unsplash

Sr. Felicitas Drobig, OSU



Contemplative Photography

A beautiful series to enjoy on the grounds of Queen's House in the fall! This series is not about how to take better photographs, but about how to see to take photographs. Participants will be challenged to engage the eyes of the heart to connect at a deeper level with their subjects. These photographs will be combined with their own writing - poetry or prose - to bring out their essence. Three afternoons will allow us to explore together. No experience necessary - bring your own camera/phone.



Photo by Element5 Digital on Unsplash

**Thursday afternoons,
October 1, 8 & 15
2:00 - 4:00 p.m.**

Cost: \$90 for three sessions

An in-person workshop series being offered at Queen's House Retreat and Renewal Centre, following all COVID-19 health and safety provincial protocols

A minimum of 6 participants are needed to offer this program.

Registration deadline: **September 28**

Registration Details

There are two options to consider when registering for this series:

- Visit our website: http://www.queenshouse.org/?page_id=4399

Participants can now register and pay online!

OR

- Call Queen's House and register over the phone: 306-242-1916. As our staffing is minimal, please leave a message and we will be in touch ASAP.

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

For details on all programs:
www.queenshouse.org

Felicitas Drobig, OSU

is an Ursuline of Prelate (Roman Catholic Sister) and a professional art therapist. Born in Germany, Felicitas' family came to Canada when she



was a teenager. Felicitas quickly came to love the country and its people.

Felicitas' interest in the arts and her wish to help people eventually led her into the field of art therapy. Her first day at the Kutenai Art Therapy Institute in Nelson, BC, felt like coming home. Felicitas graduated from the Institute in 2007 and since then has had her private art therapy practice in Saskatoon; Art'iculate Art Therapy Services. She works with individual clients, both adults and children, but she has also given workshops for various church and professional groups and has previously been a presenter at Queen's House Retreat and Renewal Centre. In addition to being an art therapist, Felicitas is a trained spiritual director. Her special passion is exploring art, faith, and spirituality.