

Leah Perrault is the Director of Mission at St. Paul's Hospital in Saskatoon. When she's not busy with her day job, she speaks and writes. She is the author of three

books, including two on sexuality and body theology. Leah has a master's of arts in pastoral theology from the University of St. Michael's College at the Toronto School of Theology and a bachelor's of arts in English comes from Campion College at the University of Regina. Leah and her husband, Marc, have been blessed with four amazing little people – Robyn, Eliot, Charlize, and Atticus. Their home is full of noise, books, toys, and big ideas.

#### leahperrault.com

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**Give Me Jesus** ASKING, EXPECTING & RECEIVING THIS ADVENT

Saturday mornings, December 5, 12 & 19 10:00 - 11:30 a.m.

# AN ONLINE EVENT



## Leah Perrault



# **Give Me Jesus** ASKING, EXPECTING & RECEIVING THIS ADVENT

What does it mean to long for Jesus during Advent, let alone during a global pandemic? How do we enter into God becoming human, in our own flesh and blood? Join Leah Perrault as we rest gently into the asking, expecting, and receiving of Jesus this Advent.

## Session 1: Asking

Maybe it has been awhile since you wrote a list of all you wanted for Christmas. But since God has promised us the Son, what are you asking Jesus to bring to you specifically? What virtue lies in the spiritual practice of asking for what you need? And what is it you need this Advent?

#### Session 2: Expecting

What would it mean to expect God, to prepare for Divine coming with joyful anticipation and peaceful intention? We will find rest in anticipating without demanding, expecting without expectations, to make space for the response to our requests.

### Session 3: Receiving

How do we open ourselves to the gift of Jesus? Receiving is a discipline we can practice during Advent so that there is room for the joy Jesus brings, however this Christmas looks. Right here, in what is, Advent will deliver God into our world again, and we can be (a little more) ready.



## Saturday mornings, December 5, 12 & 19 10:00 - 11:30 a.m. CST

Cost: \$45 for three sessions

Recordings of each session will be available to anyone who can't attend all three sessions. Cost is per person - if someone is joining you for this retreat series on Zoom we invite them to make a donation to the retreat centre.

#### An online event offered through Zoom

A minimum of 20 participants are needed to offer this program. Registration deadline: **December 2**.

#### **Registration Details**

There are two registration options::

 Visit our website: <u>http://</u> <u>www.queenshouse.org/?page\_id=4399</u>
Participants can register and pay online!
OR

Call Queen's House and register over the phone: 306-242-1916. As our staffing is minimal, please leave a message and we will be in touch ASAP.

**Queen's House Retreat & Renewal Centre** 601 Taylor Street W, Saskatoon SK S7M 0C9

> For details on all programs: <u>www.queenshouse.org</u>