



### Ana Gheysen

Ana Gheysen is a spiritually-integrated psychotherapist, an end-of-life doula, and a spiritual care practitioner at the Hospice at Glengarda in Saskatoon SK. Her experience in religious communities and among spiritual seekers has given her a wide lens for appreciating the spiritual life as it manifests in all places and among all people.

#### Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

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[programming@queenshouse.org](mailto:programming@queenshouse.org)

For details on all programs:

[www.queenshouse.org](http://www.queenshouse.org)



### InterChurch Health Ministries of Saskatchewan

#### Our Vision

"A parish nurse in every congregation." This is the vision that ICHM-SK is working to fulfill. Saskatchewan's provincial chapter of InterChurch Health Ministries Canada, ICHM-SK is a registered Canadian charity.

#### Who is ICHM-SK?

We are an ecumenical group made up of congregations and parishes, along with parish nurses, who work together to promote an understanding of the relationship between faith and health.

#### What Does ICHM-SK Do?

We offer informational forums, resource materials, support, and consultation. ICHM-SK also assists with the training and recruitment of parish nurses.



### QUEEN'S HOUSE

RETREAT AND RENEWAL CENTRE  
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

#### Mission Statement:

As a retreat and renewal centre, we offer sacred space for self-reflection, encounter with others, and spiritual exploration.  
Nourish your mind. Nurture your spirit.

# Holy Presence in a Time of Isolation

## INVITATIONS & CHALLENGES OF PARISH NURSING

**Monday April 19,  
1:00 - 3:00 p.m.**

**A ZOOM RETREAT**



**Ana Gheysen**



# Holy Presence in a Time of Isolation

## INVITATIONS & CHALLENGES OF PARISH NURSING

When the worlds of so many people have shrunk to the confines of their homes - their world consisting of phone and video calls and their only interaction with loved ones outdoors "when weather permits" - how can presence and prayer be part of our lives in isolation?

Let us begin by inviting a holy presence within ourselves by praying the 23rd Psalm together. During this retreat we will pause to contemplate three images: **green pastures**, **a table set before me**, and **my cup overflows**. In these images, we will find a way to be grounded, a way to be supported, and a way to be grateful.

In these two hours, we will take time for consideration of the topic, reflection questions, and group discussion and personal support, as we strive as parish nurses to be a holy presence to others during this time of isolation.



O my Beloved, You are my shepherd,  
I shall not want;

You bring me to green pastures

for rest

and lead me beside still waters

renewing my spirit;

You restore my soul.

You lead me in the path of

goodness

to follow Love's way.

—Nan Merrill, *Psalms for Praying: An Invitation to Wholeness*  
(adapted from Psalm 23:1-3)

**Monday April 19**  
**1:00 - 3:00 p.m.**

*A Retreat offered on Zoom offered by InterChurch Health Ministries, Saskatchewan, welcoming parish nurses from across the globe to this gathering.*

Cost: \$25

Registration deadline: **April 16.**

### **Registration Details**

There are two registration options:

- Visit our website: [http://www.queenshouse.org/?page\\_id=4399](http://www.queenshouse.org/?page_id=4399)

**Participants can register and pay online!**

- Call Queen's House and register over the phone: 306-242-1916 x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.

