

Holy Presence in a Time of Isolation

INVITATIONS AND CHALLENGES OF PARISH NURSING

Retreat Leader: Ana Gheysen

A retreat offered on Zoom for anyone offering Parish Nursing, or involved in a supportive role in the ministry of Parish Nursing

Date and Time: Monday April 19, 1:00 - 3:00 p.m.

Cost: \$25.00

Registration deadline: **April 16**

Registration Details: There are two registration options:

- Visit our website: http://www.queenshouse.org/?page_id=4399
Participants can register and pay online!
- Call Queen's House and register over the phone: 306-242-1916 x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.

Detail: When the worlds of so many people have shrunk to the confines of their homes - their world consisting of phone and video calls and their only interaction with loved ones outdoors "when weather permits" - how can presence and prayer be part of our lives in isolation?

Let us begin by inviting a holy presence within ourselves by praying the 23rd Psalm together. During this retreat we will pause to contemplate three images: **green pastures, a table set before me, and my cup overflows.** In these images, we will find a way to be grounded, a way to be supported, and a way to be grateful.

In these two hours, we will take time for consideration of the topic, reflection questions, and group discussion and personal support, as we strive as parish nurses to be a holy presence to others during this time of isolation.

Facilitator: **Ana Gheysen** is a spiritually-integrated psychotherapist, an end-of-life doula, and a spiritual care practitioner at the Hospice at Glengarda in Saskatoon SK. Her experience in religious communities and among spiritual seekers has given her a wide lens for appreciating the spiritual life as it manifests in all places and among all people.