

Healing and Grief Programs at Galilee Centre

OCTOBER 15-17, 2021

RITUALIZING LOSS AND GRIEF

Facilitator: Fr. Jim Clarke

For thousands of years human beings have honoured their grief and myriad losses through storytelling and ritual making. In this virtual retreat, we will explore this ancient practice and apply it to our contemporary situation through input, reflection, storytelling and creating our own rituals.

Cost: Virtual participant \$100

OCTOBER 22-23, 2021

THE BEATITUDES: THE KEY TO PEACE & HEALING IN CHALLENGING TIMES

Facilitator: Fr. Matt Linn S.J.

How to find peace and healing in these challenging time of pandemic, violence and isolation as we emerge from a period of virtually zooming rather than hugging those who love us. In this retreat we will experience the healing process in the beatitudes to create abundant life wherever we have struggled to find any life. This retreat will run from Friday at 7 pm to Saturday at 4 pm.

Cost: Virtual participant \$80

NOVEMBER 1, 2021, 3 - 6 PM

GRIEF AND STORYTELLING

Facilitator: Marie Bilodeau

Author and storyteller Marie Bilodeau discusses the practice of engaging with grief through storytelling. Learning about archetypes and framing can provide tools for speaking and sharing about moments of grief and loss in our lives. Presentation includes light dinner prior to memorial walk in the evening.

Cost: \$35

NOVEMBER 1, 2021, 6 PM

MEMORIAL WALK

Recognizing the inability to meet and express a communal sense of grief for personal loss during this time of COVID, we invite members of the community to come to a candlelit walk memory of loved ones. The memorial walk will be followed by a time of prayer and blessing.

Cost: Donation



Galilee Centre
The perfect spiritual setting, year round

Galilee events are open to everyone who is fully vaccinated against Covid19.

Call (613) 623-4242 or visit galileecentre.com to register.

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