## PART TWO OF A BOOK STUDY

Please note: Participation in Part One of this book study, offered in the fall, is not a prerequisite - all are welcome

Thursday Evenings March 3, 10, 17 & 24 FIRST EVENING - 6:30 - 9:00 p.m. CST FOLLOWING EVENINGS - 7:00 - 9:00 p.m.

## OFFERED ON ZOOM

Cost: \$100/series

A minimum of 10 participants are needed to offer this program.

### Registration deadline: February 28



### **Registration Details**

There are two registration options:

- Visit our website: <u>https://</u> <u>www.queenshouse.org/programs/</u>
  Participants can register and pay online
- Call Queen's House and register over the phone: 306-242-1916x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.

Queen's House Retreat & Renewal Centre 601 Taylor Street W, Saskatoon SK S7M 0C9 306-242-1916 programming@queenshouse.org <u>www.queenshouse.org</u>



**Dianne Mantyka** offers sacred space for individuals and groups who desire to grow in awareness and compassion of who they are in relation to God, self, nature, and others. She brings a compassionate, safe, listening presence, with

hopes that God's Love creates new life - in the midst of ups and downs, transitions and losses, joys and darkness.

Dianne is a coordinator of the Queen's House Spiritual Direction Formation Program. She is a spiritual director through Queen's House and the Transforming Center, and a member of Spiritual Directors International. She offers Silent Guided Retreats, the Ignatian Spiritual Exercises, and supervision for spiritual directors. Dianne's ecumenical and inter-cultural experience connects her with a variety of backgrounds.

Her formation includes a Master of Divinity, Clinical Pastoral Education, Prayer Counseling, and the Transforming Center's Transforming Community. She engages a life-long passion for formation and learning. Her background includes Bio. Sc., Animal Health, missions, and campus ministry. She is married to Ford, a caregiver, and has 2 grown stepchildren and 5 grandchildren. Sources of joy include being an Oma, her canine companion, friendships, reading, creativity, and being in nature.

Gisele and Ana will join this series in facilitating the sessions and Zoom hosting.

**Gisele Bauche** is a spiritual director, co-director of the Spiritual Direction Formation Program and facilitates retreats and workshops. A professional artist and iconographer, her work is displayed in churches, organizations, and institutions in western Canada. Gisele is the author of the book, <u>Giving Glory to God:</u> <u>Reflections of an Artist</u>.

**Ana Gheyssen** is a spiritually-integrated psychotherapist, end-of-life doula & spiritual care practitioner.

# Boundless Compassion CREATING A WAY OF LIFE

IN LIGHT OF THE SEASON OF LENT OFFERED ON ZOOM

# Thursday Evenings March 3, 10, 17 & 24

FIRST EVENING - 6:30 - 9:00 p.m. CST FOLLOWING EVENINGS - 7:00 - 9:00 p.m.



Artist, Gisele Bauche

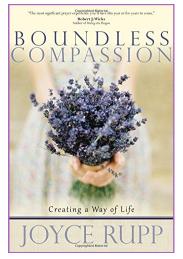
# Dianne Mantyka, M.Div.



### Boundless Compassion Creating a Way of Life

Gisele and Dianne, through Queen's House Retreat and Renewal Centre, are pleased to be offering a unique and reflective series based on Joyce Rupp's book <u>Boundless Compassion: Creating</u> <u>a Way of Life</u>.

This two-part series entitled "Boundless Compassion" is an invitation for you to grow in the kind of love that motivated Jesus to be a compassionate presence. Embodying compassion today as Jesus did, compels us to be a 'living Christ' to ease suffering, to welcome and aid those who are most vulnerable, and to work for justice in a global society.



This book also has a prayer book and a book for journaling available to accompany it. This series presents insights in considering how we can enter situations that are difficult and painful, offering us an opportunity to be in touch with how we think, feel, and respond to suffering within our own experiences and in the lives of others, and how we might interact with the world around us, inspired to live compassionately as Jesus did.

We will reflect on what it means to be compassionate physically, spiritually and emotionally towards ourselves and others, including the marginalized and creation. We'll share how we might enter into life-giving discernment of our times with healthy boundaries, with commitment to selfcompassion affecting our ability to be a compassionate presence with and for others.

We will spend time exploring and reflecting on 'Compassion as a Way of Life.' Our hope is that through engaging in readings, reflections, creativity, input, sharing and a process of exploring how we might develop a deeper compassionate presence in our world, that new courage will rise up within you, and a path of compassion will open before you.

Please source your own copy of Boundless Compassion: Creating a Way of Life Part Two of a Book Study: March 3, 10, 17 & 24 Dianne Mantyka This series will be offered in light of the Season of Lent

Session 1: Towards Living a Boundless Compassionate Life Session 2: Compassion and the Marginalized Session 3: The Compassion of Jesus Session 4: Becoming a Compassionate Presence

#### Part One is <u>not</u> a prerequisite for Part Two. Please review or read Week 1, 2, 3 and 5 in Joyce Rupp's <u>Boundless Compassion</u> as preparation for Part Two.

Part One, offered last Fall with Gisele Bauche, included the chapters:

- Compassion as a Way of Life
- Compassion for Self
- Compassion and Suffering
- Compassion for Creation

Compassion asks us to go where it hurts, to enter places of pain, to share in brokenness, fear, confusion and anguish. Compassion requires us to be weak with the weak, vulnerable with the vulnerable and powerless with the powerless. Compassion means full immersion in the condition of being human.

– D. Mcneill, D. Morrison and Henri Nouwen, <u>Compassion</u>