



Sarah Donnelly, M.Div.

was born and raised in southern Ontario, receiving her undergraduate degree from the *University of Waterloo*, her Masters of Divinity from *St. Peter's Seminary (University of Western Ontario)* and her

spiritual direction training from *The Haden Institute: Spiritual Direction in the Jungian, Mystical, Christian Tradition*. Sarah has been offering retreats and workshops since 1994 in Alberta, on Vancouver Island, and now in Saskatoon. Her areas of interest include the deepening of our spiritual life and journey, our relationships with those we love, and the often lonely path of grief and loss. Working within ecumenical and interfaith circles is a great gift and privilege for Sarah.

Sarah is the Program Director at Queen's House, the Program Administrator for the *Growing in Wisdom: Seeking Deeper Generativity* two-year program, and offers the listening and accompanying ministry of Spiritual Direction.

Sarah will be coordinating the details and prayer opportunities for this retreat.



A sacred place to nourish your mind and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ 12-Steps Retreats & Gatherings
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Community, Celebration, Worship



A Springtime Silent Retreat

CREATE YOUR OWN RETREAT - COME FOR ONE OR SEVERAL DAYS!

Retreat availability:

Monday April 10, 4:00 p.m. to

Sunday April 16, 2:00 p.m.



April 12, 2021. Photo submitted by Katie Miller, Qu'Appelle Valley, SK - globalnews.ca

Queen's House Retreat & Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9

For details on all programs:

www.queenshouse.org



QUEEN'S HOUSE

RETREAT AND RENEWAL CENTRE
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

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In the days following Easter, Queen's House welcomes you to pause, take a deep breath, and enjoy some quiet time for prayer and rest.

You are invited to come to Queen's House anytime between Monday April 10 and Sunday April 16. Come as a commuter, or stay at the retreat centre in one of our small, medium or large-size bedrooms. Enjoy nutritious meals, time to read, pray, and walk. Come for a shorter or longer time - this is sacred time for you to listen to the longings of your soul, and move to a deeper rhythm.

Participants will have exclusive use of our Main Chapel and the Chapel Lounge. Commuters will be assigned a small bedroom as a dayroom for rest and relaxation. Meals will be enjoyed in silence.

Participants may choose to come together for Morning and Evening Prayers, and a 20-minute Centering Prayer sit will be offered daily. Participants may also choose to meet with a spiritual director during their retreat, to explore the invitations they are hearing and any questions they are holding.

If this invitation resonates with you, please register with a \$50.00 deposit, and our Program Director, Sarah Donnelly, will contact you to assist you in creating your own retreat.

Transportation to and from the airport will be arranged by our retreat centre volunteers/staff.

Come to Queen's House for any amount of time, from Monday April 10, 4:00 p.m. to Sunday April 16, 2:00 p.m.

The fees below are for a 24-hour period, and include the following:

- Breakfast, lunch and supper
- Use of a dayroom for commuters
- Bedroom fee for those staying in
- Retreat and facility fee

Commuters - \$100/day

Small bedroom - \$140/day

Medium bedroom - \$160/day

Large bedroom - \$180/day

Any Spiritual Direction fees will be arranged directly with a Spiritual Director.

Registration deadline: **April 5**

Registration Details

There are two options to consider when registering with a \$50 deposit for this time of retreat:

- Visit our website: <https://www.queenshouse.org/programs/>

OR

- Call Queen's House and register over the phone: 306-242-1916 x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.