

Faculty Includes:

Ron Rolheiser OMI - teacher, writer, founder of the Forest Dwelling Program; keynote presenter of GiW: <https://ronrolheiser.com/>

Dr. Marilyn McEntyre - author and teacher <http://www.marilynmcentyre.com>

Paula D'Arcy - author, psychotherapist, and retreat facilitator <https://www.redbirdfoundation.com/>

Rev. David Maginley - chaplain, author, public speaker, and 4-time cancer survivor <https://www.davidmaginley.com/>

Dr. James Schmeiser - professor emeritus; teacher and explorer of dreams

Jean Epp-Gauthier - teacher and guide in creating mandalas

Kalyn Falk - Director of *Shekinah: Formation in Spiritual Direction* <https://www.shekinahformation.com/>

Rev. Rick McCorrister - teacher and guide in the Enneagram; spiritual director

Rt. Rev. Donald Phillips - teacher of liturgical theology and contextual theology. Coordinates Vespers during the intensives

Staff:

Nancy Phillips - Program Coordinator, GiW. Spiritual director, retired nurse, grandmother, retreat facilitator

Sarah Donnelly - Program Administrator, GiW. Spiritual director, retreat facilitator, Program Director at Queen's House Retreat & Renewal Centre, Saskatoon SK

Four 5-day
intensives over two
years!

Monthly meetings with
your Elder Circle!

Optional monthly book studies!

In addition to the four intensives, seekers will take part in facilitated monthly **Elder Circle Gatherings** with 6-8 other participants for ongoing community-building and spiritual support. Optional monthly book studies will also be offered to participants, at no extra cost. Participants will source the books for the book studies.

How much time would a participant want to commit to this program? Approximately 30-40 hours/month. Consider the following:

- 30-60 minutes/day in prayer and reading
- 2 hours/month meeting with your elder circle
- 1 hour/month meeting with your spiritual director
- 2 hours/month participating in a book study – this is optional

Plus four 5-day intensives in February and September

**TWO YEARS OF LEARNING AND EXPLORING
FOR THOSE SEEKING
A SPIRITUALITY FOR THEIR WISDOM YEARS**

Growing in Wisdom

SEEKING DEEPER GENERATIVITY

February 2024 - November 2025



QUEEN'S HOUSE
RETREAT AND RENEWAL CENTRE
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

About the Program

Growing in Wisdom: Seeking Deeper

Generativity is an ecumenical program, grounded in the mystical Christian Tradition, open to learning from other interfaith and spiritual traditions, and designed for those seeking to engage in their maturing years with wisdom and grace. It is a program that welcomes participants who have the time, interest and energy to engage in a dynamic two-year adventure of learning and exploration. This is a time in which we can begin to look back on the life we have lived and find openness to new or previously undeveloped inner vistas. It is a time to begin to come to terms with our own mortality and the grace we find in facing this part of our lives with wisdom and satisfaction.

Visit our website to learn more, and watch a recording featuring several of our past participants, as they reflect on their own experience of the program

www.growinginwisdom.ca

Growing in Wisdom: Seeking Deeper

Generativity invites you to explore how you might commit yourself to giving both your life and your death to the world, in a way that both are the ultimate gift and blessing that you give to others.

Phase 1, Our Wisdom Years: Crossing the Threshold Into the Unknown.

As you begin this journey, what is your intention? What do you need to pack? And what needs to be unpacked that is no longer helpful: old ideas, spiritual understandings, beliefs, and wounds?

Phase 2, The Sacredness of Our Bodies: Embracing and Releasing

In this phase we will explore how to pray and engage with our aging bodies, and how we are being invited to age into Gratitude and Forgiveness, rather than into Anger and Bitterness (*Ron Rolheiser*).

Phase 3, Radical Discipleship: Preparing for the Autumn of Our Lives

How much kinder would we be to ourselves, how much wiser, if we were to have already transformed loneliness into aloneness, far before the time of our death? (*Kathleen Dowling Singh, The Grace in Aging*). In this phase we are invited to discover the joy of liberation from the demand for perfection, as our attitude of attachment softens into loving detachment.

Phase 4, We Are Elders Who Bless: Harvesting the Fruitfulness of Our Lives

In this phase we prepare to journey forward asking the question: "How will I live in the Light of a new wisdom, a deeper generativity, informed and willing to surrender fully to life as it is?"

Upcoming Dates:

First Intensive: Tuesday February 13 - Saturday February 17, 2024

Second Intensive: Tuesday September 24 - Saturday September 28, 2024

Third Intensive: Tuesday February 18 - Saturday February 22, 2025

Fourth Intensive: Tuesday September 16 - Saturday September 20, 2025

Graduation Days: November 25-27, 2025*

This program will be offered on Zoom.

*Graduation Days are planned for late November 2025 (3 days plus travel days) and the location of this gathering is still to be confirmed. Graduation Days will be offered in-person and on zoom.

To apply for this program visit our website:
www.growinginwisdom.ca

Registration deadline: February 1, 2024

A minimum of 60 participants are needed to offer this program - Register Today!