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Centering Prayer emphasizes prayer as a personal relationship with God and as a movement beyond conversation with Christ to communion with God.

We meet in-person and online. After 20 minutes of Centering Prayer, we watch or read presentations featuring masters in Centering Prayer and contemplative practice such as Cynthia Bourgeault, Thomas Keating and Richard Rohr for about 20 minutes. We finish with some fellowship, sharing insights from the presentation, and sharing about our contemplative prayer life.

For Centering Prayer gatherings - meeting onsite and online. Please register your attendance on our website <https://www.queenshouse.org/programs/>. Those joining us on zoom will receive an email with a Zoom link which is valid for all future meetings. Come for one or many Monday evenings - you are always welcome!

A note regarding our Taizé monthly gatherings - these are only offered onsite.



A sacred place to nourish your mind
and nurture your spirit through:

- ♦ Ecumenical Encounter & Prayer
- ♦ Silent Retreats & Spiritual Direction
- ♦ Contemplation & Meditation
- ♦ Healing Retreats & Workshops
- ♦ Spiritual Exploration & Engagement
- ♦ 12-Steps Retreats & Gatherings
- ♦ Solitude and Private Retreats
- ♦ Yoga, Reiki & Holistic Practices
- ♦ Art & Iconography
- ♦ Indigenous Spirituality & Encounter
- ♦ Community, Celebration, Worship



Photo by Grant Martin - Chapel at Queen's House

Taizé Prayer at Queen's House

LED BY MEMBERS OF THE
L'ARCHE COMMUNITY

**Second Wednesday/month
September 2023 - June 2024**



QUEEN'S HOUSE
RETREAT AND RENEWAL CENTRE
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

TAIZÉ PRAYER FOR CHRISTIAN UNITY

Second Wednesday of the month
7:00 - 8:00 p.m.
September - June

Members of our local L'Arche Community provide the leadership for the Taizé Prayer Service that takes place on the second Wednesday evening of the month at Queen's House.

The Taizé Community is an ecumenical monastic order in Taizé, France. By its very existence, the community is a "parable of community" that wants its life to be a sign of reconciliation between divided Christians and between separated peoples. The community has become one of the world's most important sites of Christian pilgrimage. More than 100,000 young people from around the world make pilgrimages to Taizé each year for prayer, Bible study, sharing, and communal work. Through the community's ecumenical outlook, they are encouraged to live in the spirit of kindness, simplicity and reconciliation.

Meditative singing is one of the most essential elements of worship in Taizé. Short songs, repeating again and again, give it a meditative character.

You are most welcome to linger after this service to visit with the L'Arche community members, and enjoy some refreshments.

September 13 • October 11
November 8 • December 13
January 10 • February 14 • March 13
April 10 • May 8 • June 12

No registration necessary - come when you can!

Would spending some time at Queen's House nourish your mind and nurture your spirit?

Please know that you are very welcome,
whether you come for a few hours,
or stay for one or more days.
Please call 306-242-1916 x226
to explore the possibilities.

Peace be with you - see you soon!

Queen's House Retreat and Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

To see a complete list of all upcoming
programs please visit: **www.queenshouse.org**

CENTERING PRAYER

**Monday evenings
7:00 - 8:30 p.m.**

At Queen's House and on Zoom

Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. This method of prayer is both a relationship with God and a discipline to foster that relationship.

Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer - verbal, mental or affective prayer - into a receptive prayer of resting in God.

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