

A Note from Sr. Judy:

I have participated in a Diarmuid O'Murchu 4-week session on zoom and wish to share and view some of his key points which were so encouraging as we face our climate crisis. It is truly inspiring.

Father Diarmuid O'Murchu is a member of the Sacred Heart Missionary Order, and a graduate of Trinity College, Dublin Ireland. He is a social psychologist, and most of his working life has been in social ministry, as a couples counsellor, in bereavement work, and in AIDS-HIV counselling. As a workshop leader and group facilitator he has facilitated Adult Faith development programs, working in Europe, USA, Canada, Australia, the Philippines, Thailand, India, Peru and in several African countries. His best known books include Ecological Spirituality, Quantum Theology, Reclaiming Spirituality, Evolutionary Faith, Catching Up with Jesus, The Transformation of Desire, Adult Faith, Ancestral Grace, Jesus in the Power of Poetry, Incarnation: A New Evolutionary Threshold, and many more. To learn more, visit diarmuidomurchu.com

Queen's House Retreat & Renewal Centre
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For details on all programs:
www.queenshouse.org



Judy Schachtel SMS, has a B. Th. from Newman Theological College in Edmonton, and MA in Culture and Spirituality from Holy Names College in Oakland, California.

Sr. Judy worked at an Ecology Centre on Vancouver Island for five years. She offers workshops and retreats in Ecological Spirituality, Eco Justice, and Pope Francis' encyclical *Laudato Si*. Past experiences also include teaching elementary school, facilitating formation ministry for her community, and adult faith education in parish ministry.



Eco-Spirituality

INTEGRATING OUR FAITH
IN THE 21ST CENTURY

Four Tuesday Afternoons

May 7, 14, 21 & 28

2:00 - 4:00 p.m. MDT

A PROGRAM OFFERED AT
QUEEN'S HOUSE AND ON ZOOM



Sr. Judy Schachtel, SMS



QUEEN'S HOUSE
RETREAT AND RENEWAL CENTRE
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

Eco-Spirituality

INTEGRATING OUR FAITH IN THE 21ST CENTURY

With extreme weather patterns hitting headlines throughout 2023-24, human life on earth is becoming ever more vulnerable, requiring a new sense of spirituality so that we can engage more meaningfully with the ecological challenges of our time.

The ecological crisis is also a summons to profound interior conversion. Living our vocation to be protectors of God's handiwork is essential to a life of virtue; it is not optional or a secondary aspect of our Christian experience. (*Laudato Si* #217)

We will explore these four topics in this series:

WEEK 1. How does Eco-Spirituality differ from traditional faith and spirituality?

WEEK 2. How does Eco-Spirituality help us to deal with the environmental traumas of our time?

WEEK 3. How do we integrate Eco-Spirituality with our Christian faith?

WEEK 4. How do we re-vision a spiritual practice for this new context?

May 7 - We will explore the meaning of Spirituality in our life today. Diarmuid O'Murchu will be quoting *Laudato Si* - a document written by Pope Francis which helps expand our understanding of eco spirituality, and thus expanding our faith in a new light.

May 14 - Diarmuid explains the creation paradox: spring time with new life and beauty of trees and autumn with dying and letting go. This paradox embraces creation/destruction, calvary/resurrection, but what has destroyed that cycle, and how do we cope with viruses, fires, flooding?

May 21 - How do we integrate Eco-Spirituality with our Christian faith? We hear of Jesus not being kingly with 'power over,' but rather a relationship of empowering others, of mutuality, modeling how we are to be with each other and all creatures. It is a community of life, not dualistic thinking of sacred/secular. O'Murchu quotes several authors affirming this.

May 28 - How do we revision a spiritual practice for this new context? O'Murchu explores new way of seeing our God at work in the heart of creation while grieving the suffering and pain of creation. How can we revision the human, our rituals and sacraments, and key elements so that we are educated in Eco-Spirituality?

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A PROGRAM OFFERED
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\$60 - in-person at Queen's House

\$50 - on Zoom

All participants will receive a copy of the recordings to review at their convenience.

Registration deadline: **May 6**

Registration Details

There are two options to consider when registering for this series:

- Visit our website: <https://www.queenshouse.org/programs/>
Participants can register and pay online
- OR
- Call Queen's House and register over the phone: 306-242-1916 x226.



Our task must be to free ourselves by widening our circle of compassion to embrace all living creatures and the whole of nature and its beauty.

Albert Einstein