



Rick McCorrister is an experienced spiritual director, educator, and group facilitator who enjoys sharing his passion for the spiritual journey with others and focusing on ways to strengthen their spiritual journey. He has studied

the Enneagram in its various forms for over 20 years, and has a significant appreciation for its use in self-understanding, in relationship building, and as a map for the spiritual journey. As a long-time educator, he brings a process of presentation and individual and group work to every event he coordinates. To facilitate a deep understanding of the Enneagram for our current lives, Rick incorporates the work of many contemporary Enneagram teachers along with that of George I. Gurdjieff, an early 20th century mystic. Rick is a graduate of the *Pacific Jubilee Program in Spiritual Formation and Spiritual Direction* and is a faculty member of *Growing in Wisdom: Seeking Deeper Generativity* - a two-year program exploring the spirituality of aging.

Queen's House Retreat & Renewal Centre
601 Taylor Street W, Saskatoon SK S7M 0C9

For details on all programs:
www.queenshouse.org



A sacred place to nourish your mind and nurture your spirit through:

- ◆ Ecumenical Encounter & Prayer
- ◆ Silent Retreats & Spiritual Direction
- ◆ Contemplation & Meditation
- ◆ Healing Retreats & Workshops
- ◆ Spiritual Exploration & Engagement
- ◆ Solitude and Private Retreats
- ◆ Yoga, Reiki & Holistic Practices
- ◆ Art & Iconography
- ◆ First Nations Spirituality & Encounter
- ◆ Community, Celebration, Worship

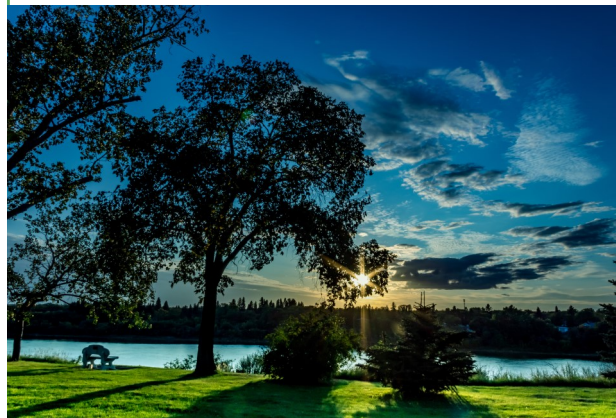


Photo by Grant Martin - taken on the grounds of Queen's House

Exploring the Energies of the Enneagram: An Introduction

Wednesday June 5

9:00 a.m. - 4:30 p.m. MDT*

*Please check start time in your own time zone

A WORKSHOP OFFERED ON ZOOM



Rick McCorrister



Exploring the Energies of the Enneagram: An Introduction

The Enneagram is an ancient symbol for spiritual transformation and growth and offers us the opportunity to cultivate deepening awareness, conscious choice, and wholeness in our lives.

In the past few decades Western psychological understandings have been integrated into the teachings of the Enneagram. On the surface the Enneagram depicts nine personalities that we individually manifest as we learn to live into this world. At a deeper level it depicts nine manifestations (or energies) of the Divine Essence within us ~ the Divine Image in which we are made ~ and it is at this level that the symbol becomes a map to the soul.

In this workshop we will explore how these divine energies show up in our personalities, and how to be aware of the interplay of these energies as the call of the soul to live from that deeper place. We will do this exploration by focusing on each of the three centres ~ Gut/Action Centre, Heart/Feeling Centre, and Head/Thinking Centre.



Wednesday June 5, 2024
9:00 a.m. - 4:30 p.m. MDT *

90 minute lunch break

Growing in Wisdom participants: no fee

General Public: \$50

An online event offered on Zoom

Registration deadline: **June 3**

Registration Details

There are two options to consider when registering for this series:

- Visit our website: <https://www.queenshouse.org/programs/>
Participants can register and pay online

OR

- Call Queen's House and register over the phone: 306-242-1916 x226.

These four-word sets of traits are mere highlights and do not represent the full spectrum of each type:

Type **One** is principled, purposeful, self-controlled, and perfectionistic.

Type **Two** is generous, demonstrative, people-pleasing, and possessive.

Type **Three** is adaptable, excelling, driven, and image-conscious.

Type **Four** is expressive, dramatic, self-absorbed, and temperamental.

Type **Five** is perceptive, innovative, secretive, and isolated.

Type **Six** is engaging, responsible, anxious, and suspicious.

Type **Seven** is spontaneous, versatile, acquisitive, and scattered.

Type **Eight** is self-confident, decisive, willful, and confrontational.

Type **Nine** is receptive, reassuring, complacent, and resigned.

*** Please note the start time in your own time zone:**

PACIFIC DAYLIGHT TIME (BC) - 8AM
MOUNTAIN DAYLIGHT TIME (AB & SK) - 9AM
CENTRAL DAYLIGHT TIME (MB) - 10AM
EASTERN DAYLIGHT TIME (ON & QC) - 11AM
ATLANTIC DAYLIGHT TIME - 12PM
NST (NFLD) - 12:30PM