

Exploring the Soul Energies of the Enneagram Centres

with Rick McCorrister

- Date:** Saturday February 25: ACTION CENTRE - 8, 9, 1 (GUT)
Saturday March 25: THINKING CENTRE - 5, 6, 7 (HEAD)
Saturday April 29: FEELING CENTRE - 2, 3, 4 (HEART)
Attend one or several sessions
- Time:** 9:30am – 3:30pm
- Cost:** \$95.00 per session - includes lunch
Attend all three sessions for \$260
As we need a minimum number of registrants to offer this program please register if you plan on attending. If you are a last-minute participant please call Queen's House to confirm that the program is being offered. Thank you!
- Detail:** **Exploring the Soul Energies of the Enneagram Centres**

The Enneagram is an ancient symbol for spiritual transformation and growth and offers us the opportunity to cultivate deepening awareness, conscious choice, and wholeness in our lives.

In the past few decades Western psychological understandings have been integrated into the teachings of the Enneagram. On the surface the Enneagram depicts nine personalities that we individually manifest as we learn to live into this world. At a deeper level it depicts nine manifestations (or energies) of the Divine Essence within us - the Divine Image in which we are made - and it is at this level that the symbol becomes a map to the soul.

In this series we will explore how these divine energies connect us to our soul, how to listen to the soul and to live from that deeper place. We will do this exploration by focusing on each of the three centres: Gut/Action Centre, Head/Thinking Centre, and Heart/Feeling Centre.

Facilitator: Rick McCorrister is an experienced spiritual director, educator, and group facilitator who enjoys sharing his passion for the spiritual journey with others and focusing on ways to strengthen their spiritual journey. He has studied the Enneagram in its various forms for over 20 years, and has a significant appreciation for its use in self-understanding, in relationship building, and as a map for the spiritual journey. As a long-time educator, he brings a process of presentation and individual and group work to every event he coordinates. To facilitate a deep understanding of the Enneagram for our current lives, Rick incorporates the work of many contemporary Enneagram teachers along with that of George I. Gurdjieff, an early 20th century mystic. Rick is a graduate of the Pacific Jubilee Program in Spiritual Formation and Spiritual Direction.

To register: please call Queen's House, 306-242-1916 or email receptionist@queenshouse.org