

# **Spiritual Direction Formation Program**

**Facilitators:** Bishop Gerald Wiesner, OMI, Gisele Bauche and Dianne Mantyka

**Dates:** January, 2019 – July, 2020 (see specific dates below)

**Cost:** \$5,800.00 - This includes room and board and tuition.  
Payments are to be made to Queen's House and are due as follows:

- \$1,000.00 by the beginning of the program (Jan 17, 2019)
- \$1,000.00 by the end of each quarter by the following dates:  
March 31, 2019; June 30, 2019; September 30, 2019; December 31, 2019
- \$800 – final payment – due by March 31, 2020

## **Program Goal:**

The Goal of the Program is to prepare mature adult Christians in the ministry of Spiritual Direction, mentoring, and prayer companionship of leaders and laity in parishes and congregations, ministries and vocations.

## **Program Content:**

The experiential nature of the Spiritual Direction Formation Program (SDFP) distinguishes it from strictly academic programs. Respecting the individuality and life experience of each participant, the SDFP anticipates that each person will gain knowledge and skills for ministry while also integrating all learning into his/her own self-awareness and spiritual journey.

The following program content will be presented both as concepts and as experiences of personal growth and transformation for each participant:

- A Study of the Traditional Spiritual Masters
- Spiritual Formation
- Prayer, Discernment, Contemplation
- Self-Awareness and Personal Growth
- Biblical Spirituality
- The Spirituality of Various Traditions
- The Art of Spiritual Direction

## **Duration and Weekend Schedule**

- The program is comprised of 19 weekends, over 19 consecutive months from January 17, 2019 – July 4, 2020.
- Most weekends will begin on Friday evenings at 6:30 pm and end by 9:00 pm on Saturday evenings. The first session is an Extended Weekend Opening Retreat and it will begin at 6:30 pm on Thursday January 17, 2019. A Six-Day Silent Ignatian Retreat practicum takes place August 25-30, 2019.
- During each weekend, along with input on a topic, there will be opportunity for processing and developing self-awareness by way of individual reflection, journaling, supervision, and sharing in small groups as well as with the larger group. There will be supervised experiences of Spiritual Direction in quads, and through a one year practicum within the program of seeing two directees monthly.

**Application Deadline: August 31, 2018**  
For a copy of the application form please contact:  
**Dianne Mantyka, [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net), 306-514-2193**

**For more information please contact**

Dianne Mantyka     [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net)  
Gisele Bauche       [gbauche@sasktel.net](mailto:gbauche@sasktel.net)

**Pre-requisites for this Program**

The following pre-requisites are required in order to be considered as a participant for the SDFP:

- You are seeing a Spiritual Director regularly
- You have attended a workshop on the enneagram or have a good understanding of this tool (*An Introduction to the Enneagram* is being offered Saturday October 13 at Queen's House)

And one of the following:

- Participate in a 6-8 day silent retreat prior to taking this program (a *7-day Silent Directed Retreat* is being offered June 29-July 5 at Queen's House)
- Participate in the 19th Annotation or a 30-day Ignatian Retreat
- You are a graduate from Soul Stream's *Living from the Heart* program or the *Jubilee Phase 1* program, or equivalent

**Related upcoming opportunities at Queen's House**

Silent Directed Retreat

Friday June 29, 4:00 p.m. - Thursday July 5, 2:30 p.m.

With Dianne Mantyka, M. Div. and Bishop Gerry Wiesner, OMI - \$995 (live-in only)

To register contact Dianne Mantyka, 306-514-2193 - [dimantyka@sasktel.net](mailto:dimantyka@sasktel.net)

An Introduction to the Enneagram

Saturday October 13, 9:30 a.m. - 3:30 p.m.

With Sarah Donnelly, M. Div. - \$55, includes lunch

To register call Queen's House: 306-242-1916

**Spiritual Direction Formation Program  
2019-2020**

*Dates and Tentative Schedule*

**2019**

|                  |   |
|------------------|---|
| January 17-19:   | Extended Weekend Orientation Retreat  |
| February 8-9:    | Prayer and Discernment  |
| March 8-9:       | Mystical Masters and Contemplative Prayer                                       |
| April 12-13:     | Faith Stages in the Spiritual Journey   |
| May 24-25:       | Eco Spirituality and the Cosmos   |
| June 14-15:      | St. Teresa of Avila and St. John of the Cross: Guides for the Spiritual Journey |
| July 5-6:        | Biblical Spirituality; Spirituality of the Psalms                               |
| August 25-30:    | Six Day Silent Ignatian Retreat Practicum                                       |
| September 20-21: | Art as Spiritual Expression   |
| October 18-19:   | Dreams: Listen to the Holy Unconscious  |
| November 15-16:  | Spiritual Formation through Grief and Loss                                      |
| December 13-14:  | Spirituality/Psychology: Intimacy/Sexuality                                     |

**2020**

|                |                                       |
|----------------|---------------------------------------|
| January 24-25: | BioSpiritual Focusing                 |
| February 7-8:  | Twelve Step Spirituality/Codependency |
| March 13-14:   | Ignatian Spirituality                 |
| April 17-18:   | Ecumenism: Opening Spiritual Doors    |
| May 22-23:     | First Nations Spirituality            |
| June 12-13:    | Social Justice and Spirituality       |
| July 3-4:      | Summary and Graduation                |

**The Spiritual Direction Formation Program Directors**

Bishop Gerald Wiesner, OMI, Gisele Bauche and Dianne Mantyka are the Directors of the Spiritual Direction Formation Program.

Their life experience, and ecumenical background in Theology, Biblical Studies, Spirituality and Prayer, along with their years of experience in Ministry, Mission, and Spiritual Formation, will help participants meet the goal of the Program.