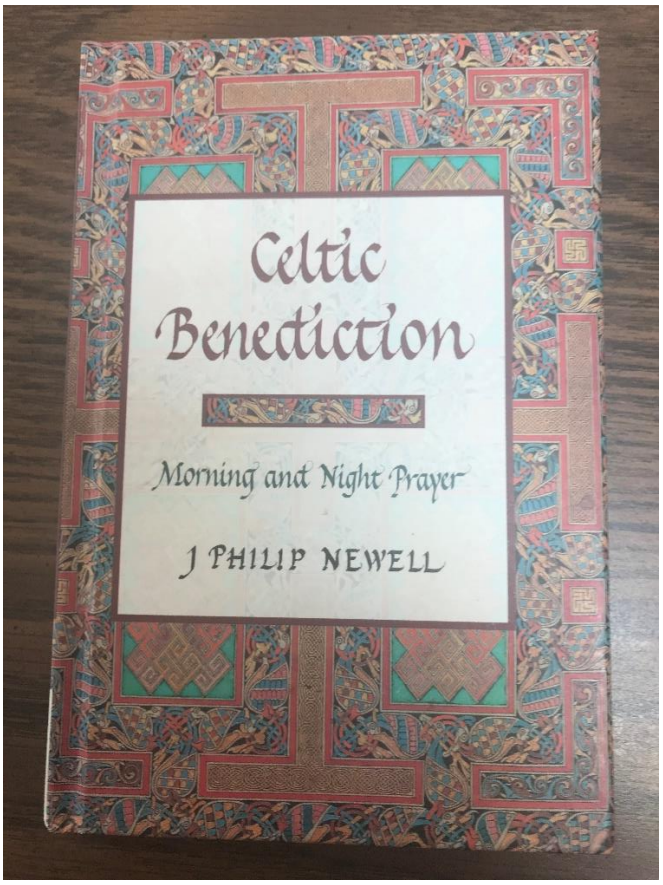
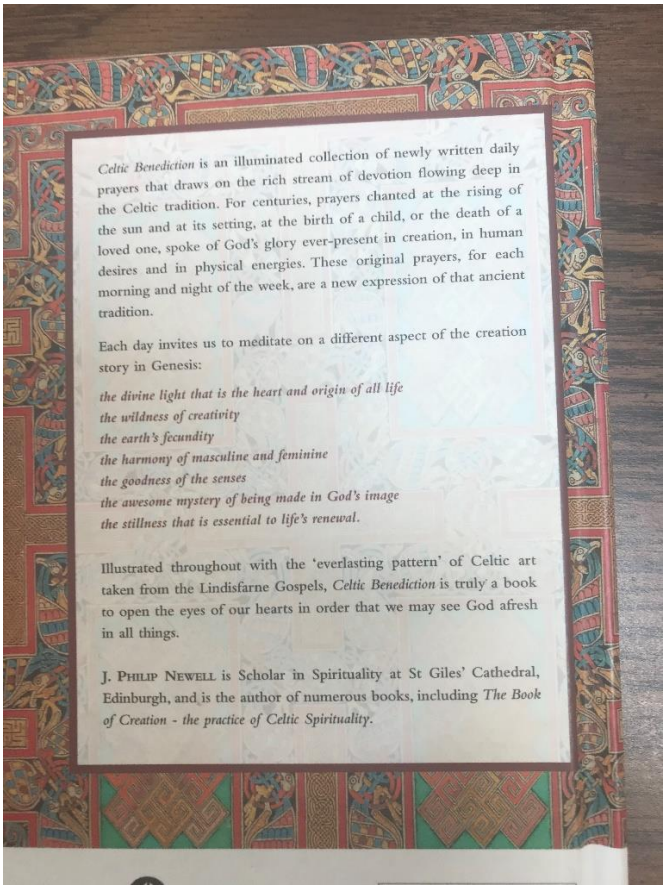
The source used by Sarah for our prayers for this retreat.





Celtic Benediction is an illuminated collection of newly written daily prayers that draws on the rich stream of devotion flowing deep in the Celtic tradition. For centuries, prayers chanted at the rising of the sun and at its setting, at the birth of a child, or the death of a loved one, spoke of God's glory ever-present in creation, in human desires and in physical energies. These original prayers, for each morning and night of the week, are a new expression of that ancient tradition.

Each day invites us to meditate on a different aspect of the creation story in Genesis:

the divine light that is the heart and origin of all life
the wildness of creativity
the earth's fecundity
the harmony of masculine and feminine
the goodness of the senses
the awesome mystery of being made in God's image
the stillness that is essential to life's renewal.

Illustrated throughout with the 'everlasting pattern' of Celtic art taken from the Lindisfarne Gospels, *Celtic Benediction* is truly a book to open the eyes of our hearts in order that we may see God afresh in all things.

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