Thursday Evenings 7:00 - 9:00 p.m. OFFERED ON ZOOM

SERIES ONE: November 11 - December 2

SERIES TWO: March 3 - 24

Cost: \$100/series

A minimum of 7 participants are needed to offer this program. Registration deadline: **November 10**

Registration Details

There are two registration options:

- Visit our website: <u>http://</u> <u>www.queenshouse.org/?page_id=4399</u>
 Participants can register and pay online
- Call Queen's House and register over the phone: 306-242-1916x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.

Queen's House Retreat & Renewal Centre 601 Taylor Street W, Saskatoon SK S7M 0C9 306-242-1916 programming@queenshouse.org For details on all programs: www.queenshouse.org



Gisele Bauche has a background in theology, scripture and education. She is a spiritual director, co-director of the Spiritual Direction Formation Program and facilitates retreats and workshops in scripture, spirituality and other areas

of our lives which enrich and nurture the soul. Gisele is a professional artist and iconographer who has been offering retreats in art and spirituality in a variety of mediums and subjects over many years. Her artwork has been featured in the Catholic Extension Society's Calendar of Canada, Augsburg Fortress and Novalis Publications with international distribution, and additional publications in Canada and the US. Her work is displayed in churches, organizations and institutions in western Canada. She is regularly commissioned by individuals and organizations. Gisele is the author of the book, <u>Giving Glory to</u> <u>God: Reflections of an Artist</u>



Queen's House at night - photo: Grant Martin

Boundless Compassion CREATING A WAY OF LIFE

Thursday Evenings 7:00 - 9:00 p.m.

Series 1: November 11 - December 2 Series 2: March 3 - 24

OFFERED ON ZOOM



Gisele Bauche, artist

Gisele Bauche



Boundless Compassion Creating a Way of Life

Queen's House Retreat and Renewal Centre is pleased to offer a unique and reflective series based on Joyce Rupp's book <u>Boundless Compassion: Creating</u> <u>a Way of Life</u>.

This two- part series entitled "Boundless Compassion" is an invitation for you to grow in the kind of love that motivated Jesus to be a compassionate presence. Embodying compassion today, as Jesus did, compels us to be a 'living Christ' to ease suffering, to welcome and aid those who are most vulnerable, and to work for justice in a global society.



This series will present insights as we consider how we can enter situations that are difficult and painful, offering us an opportunity to be in touch with how we think, feel, and respond to suffering both within our own experience, and in the lives of others, and how we might interact with the world around us, inspired live compassionately as Jesus did.

We will reflect on what it means to be compassionate towards ourselves: physically, spiritually, and emotionally. We will discuss how we might enter into a life-giving discernment of our time, how to create healthy boundaries, and how our commitment of self -compassion affects our ability to be a compassionate presence with and for others.

We will spend time exploring and reflecting on 'Compassion as a Way of Life.' Our hope is that through engaging in readings, reflections, creativity, input, sharing and a process in which we will explore how we might develop a deeper compassionate presence in our world, that a new courage will rise up within you, and a path of compassion will open before you.

Please source your own copy of Boundless Compassion: Creating a Way of Life By Joyce Rupp AVE MARIA PRESS / 2018 / PAPERBACK Series One: Nov. 11, 18, 25 & Dec. 2 Session 1: Compassion as a Way of Life Session 2: Compassion for Self Session 3: Compassion and Suffering Session 4: Compassion for Creation

Series Two: March 3, 10, 17 & 24

Session 1: Boundless Compassion Life Session 2: Compassion and the Marginalized Session 3: The Compassion of Jesus Session 4: Becoming a Compassionate Presence

Dianne Mantyka will be joining Gisele Bauche as co-facilitator for the second series in March 2022.

Compassion asks us to go where it hurts, to enter places of pain, to share in brokenness, fear, confusion and anguish. Compassion requires us to be weak with the weak, vulnerable with vulnerable and powerless with the powerless. Compassion means full immersion in the condition of being human.

– D. Mcneill, D. Morrison and Henri Nouwen, <u>Compassion</u>