

### About

#### **"ISHA: She Will be Called"**

Published in November 2021, [Isha: She Will Be Called](#) is the first instalment in a book series about women, for women, and by women. An eclectic collection of exposé, storytelling and creative writing by Becky Thomas and members of the artistic guild, Hummingbird Circle, it celebrates the making of the First Grandmother, Isha, also known as Eve. Isha seeks to answer questions such as: "Why was Isha made?" "What, if anything went wrong?" "Is there any hope of her being restored?" and "How does her story intersect with mine?" A book that can be proudly displayed on a coffee table or prominent shelf, it contains 23 full page original paintings as well as photos and drawings. "Isha: She Will Be Called" is meant to be cherished for many years to come by the women you love most.

The Book will be available for purchase at the retreat, online through Amazon, [www.hummingbirdcircle.com](http://www.hummingbirdcircle.com), and at McNally Robinson Bookstore in Saskatoon.

### **Queen's House Retreat & Renewal Centre**

601 Taylor Street W, Saskatoon SK S7M 0C9

306-242-1916

[programming@queenshouse.org](mailto:programming@queenshouse.org)

For details on all programs:

[www.queenshouse.org](http://www.queenshouse.org)



### **Jodi Koza**

[www.jodikoza.com](http://www.jodikoza.com)

"Restoration:  
Heart-Family-World"

Jodi is the founder of Women's Journey of Faith and Hope Restored Canada. She is passionate about the Journey to Restoration and blogs on that theme. She recently finished her seminary degree and enjoys hosting retreats and leading others on their personal journeys, writing and sharing from her experiences. As a wife to Tim, mom, and grandmomma, she is excited to feature Becky and promote the Hummingbird Circle as they launch their ministry and book "Isha" this year!



### **Becky Thomas**

[www.storysongproductions.ca](http://www.storysongproductions.ca)

[www.hummingbirdcircle.com](http://www.hummingbirdcircle.com)

"Telling Our Stories,  
Singing Our Songs"

Becky is founder of Hummingbird Circle, a group existing to encourage women to discover the value of their voice and story, and ways to make it heard in future generations. Her award-winning music is found on iTunes and other media platforms. Mom and Nana, Becky loves waltzing the prairies with her husband of many moons, Larry.



#### **Mission Statement:**

As a retreat and renewal centre, we offer sacred space for self-reflection, encounter with others, and spiritual exploration.

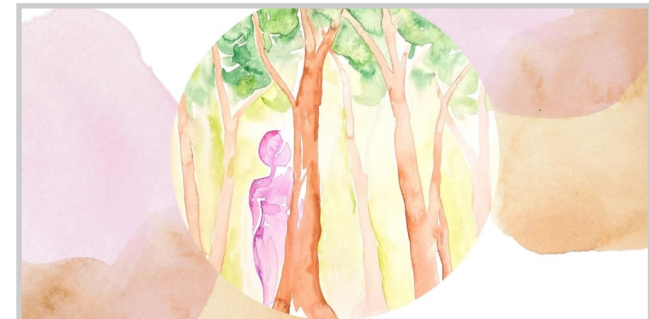
Nourish your mind. Nurture your spirit.

# Because You Matter:

## A CELEBRATION OF WOMEN'S VOICES

**Friday February 4, 7:00 p.m. -  
Sunday February 6, 12:00 p.m.**

A RETREAT FOR WOMEN  
HOSTED AT QUEEN'S HOUSE  
WITH BECKY THOMAS  
AND JODI KOZAN



*"You have a story, we want to help you tell it.*

*Discover the intrinsic value of your voice  
and the golden threads that make it so."*

*- Hummingbird Circle Vision*



**QUEEN'S HOUSE**  
RETREAT AND RENEWAL CENTRE  
NOURISH YOUR MIND - NURTURE YOUR SPIRIT

Join Retreat Leader Jodi Kozan and Becky Thomas, author and founder of Hummingbird Circle, in an enriching weekend retreat for women!

### **Session 1: "I Am Isha"** (Friday evening)

Who are we as women, and why do we matter? Knowing who we are, why we exist, finding our mission and vision leads to confidence, acceptance and joy, lending the ability to give from a full cup rather than last week's coffee grounds. Join the members of the Hummingbird Circle as they walk you through their own journeys of building personal "I Am" statements based off their personal encounters with the Life Giver and Creator.

*Breakout: Each woman will have time allotted to begin to build her own statements.*

### **Session 2: "Golden Threads and Silver Linings"**

(Saturday morning)

What questions do you wish you could ask your Grandparents? Would you like some tips on raising kids, living off the land, surviving through the Great Depression or war, or do you simply wish you knew them better, celebrating their achievements, and discovering the silver linings in that kept them journeying even through the storms of life?

Many of us have no idea how our existence affects others, especially in the short term. Discover why your story matters to future generations and how it can be passed on. Not so much a book writing workshop, this seminar will teach you how to weave the golden threads of your own personal history into a legacy for generations to come.

*Breakout: Each woman will be given time to create a story map.*

### **Session 3: Workshops** (Saturday afternoon)

- Immanuel Practicum Session
- Creative Journaling Session
- Coaching Circles
- Prayer Walk / Free Time

(See speaker websites under "events" for more details)

### **Session 4: "Finding the Gemstones"**

(Saturday evening)

Have you ever felt stuck in your story, wishing it could be rewritten or even relived? Perhaps you have gaps in your story, or have parts that are so dark you don't ever want to expose them to the light of day? Come and discover how those sections can be redeemed without opening up further trauma. This session is not only helpful for processing our own stories, but can serve as a guide to help others in our family and friend circles.

### **Session 5: Story Song Café Celebration**

(Sunday morning)

The retreat will conclude with a time of celebration, and participants are welcomed to join the presenters in bringing a story, poem, song, dance, art or other creative expression. This can be prepared ahead of time, or created at the retreat itself...or simply enjoy and listen to others as they share!

### **Questions?**

A more detailed schedule is available upon request. If you have any questions about attending as a commuter or staying at the retreat centre during this weekend, presenters, personal requests such as dietary and mobility restrictions, cancellation policies or otherwise, please contact us!

Jodi: [contact@jodikozan.com](mailto:contact@jodikozan.com)

Becky: [storysongproductions@gmail.com](mailto:storysongproductions@gmail.com)

Queen's House: [programming@queenshouse.org](mailto:programming@queenshouse.org)

## **Friday February 4, 7:00 p.m. - Sunday February 6, 4:00 p.m.**

*Live-in or commute - all women are warmly welcome to participate in this enriching retreat.*

As per Queen's House Retreat Centre guidelines, all participants must be fully vaccinated.

\$175 - Early Bird Registration fee\*  
\$200 - Regular Registration fee

- **\*Early Bird Registration Deadline: January 14**
- **Regular Registration deadline: January 28**

*This retreat will be offered with minimum of 30+ participants - register early!*

*Registration includes retreat fee, lunch Saturday and Sunday, and supper Saturday*

Consider enriching your retreat by adding one of the following options:

Day Room (small bedroom to rest): \$30

Breakfast Saturday & Sunday: \$11/day

Small bedroom: \$60/night

Medium bedroom with full bathroom: \$80/night

Large bedroom with full bathroom: \$100/night

### **Registration Details**

There are two registration options:

- Visit our website: <https://www.queenshouse.org/programs/>  
**Participants can register and pay online**
- Call Queen's House and register over the phone: 306-242-1916 x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.