

Rick McCorrister is an experienced spiritual director, educator, and group facilitator who enjoys sharing his passion for the spiritual journey with others and focusing

on ways to strengthen their spiritual journey. He has studied the Enneagram in its various forms for over 20 years, and has a significant appreciation for its use in selfunderstanding, in relationship building, and as a map for the spiritual journey. As a long -time educator, he brings a process of presentation and individual and group work to every event he coordinates.

To facilitate a deep understanding of the Enneagram for our current lives, Rick incorporates the work of many contemporary Enneagram teachers along with that of George I. Gurdjieff, an early 20th century mystic. Rick is a graduate of the Pacific Jubilee Program in Spiritual Formation and Spiritual Direction, and is an Elder Circle Leader and workshop facilitator in the Growing in Wisdom: Seeking Deeper Generativity program.



A sacred place to nourish your mind and nurture your spirit through:

- Ecumenical Encounter & Prayer
- Silent Retreats & Spiritual Direction
- Contemplation & Meditation
- Healing Retreats & Workshops
- Spiritual Exploration & Engagement
- 12-Steps Retreats & Gatherings
- Solitude and Private Retreats
- Yoga, Reiki & Holistic Practices
- Art & Iconography
- First Nations Spirituality & Encounter
- Community, Celebration, Worship



Photo by Grant Martin - Main Chapel, Queen's House

Dancing with Death

AN ENNEAGRAM PERSPECTIVE ON ZOOM

Saturday January 14 10:00 a.m. - 1:00 p.m. CST



HELPFUL INSIGHTS by the 9 types of people on GRIEF, FEAR, AND DYING

Elizabeth Wagele

Rick McCorrister



Dancing with Death AN ENNEAGRAM PERSPECTIVE - ON ZOOM

In this workshop, we will reflect on how we deal with death, dying, and grief through the lens of the Enneagram. We will use the book, <u>The Enneagram of Death</u> by Elizabeth Wagele*, to facilitate our reflection and conversation.

Our time together will primarily be a facilitated conversation in small groups arranged by our primary Enneagram number/energy. This will be a time to reflect upon and share how the stories told in Elizabeth's book resonate with our own experience of that number/energy. The intent is for us to be more aware of how we respond to death, dying, and grief so that we can cultivate a healthy response to these crucial aspects of life.

Participants need to be conversant with the Enneagram and be able to practice selfobservation and self-reflection. Prerequisites:

- to have taken an introduction to the Enneagram workshop, or to know where you find yourself on the enneagram
- to have read the Preface and the Chapter on your primary number/energy in Elizabeth Wagele's book <u>The Enneagram of</u> <u>Death: Helpful Insights by the Nine Types</u> of People on Grief, Fear, and Dying.
- to note how the stories and reflections in the chapter resonate (or not) with your observed experience of yourself
 - If you wish to read the chapters on your wing and/or your secondary numbers/ energies, you are most welcome to do so. You could also read all 9 chapters to understand how all of the numbers/ energies work in relation to death, dying, and grief.

* The Enneagram of Death: Helpful Insights by Nine Types of People on Grief, Fear and Dying, by Elizabeth Wagele, Copyright © 2012. ISBN 13:978-1530712033, published by International Enneagram Association (IEA), www.internationalenneagram.org

The book can be ordered online through McNally Robinson, Chapters, Amazon, <u>bookshop.org</u> and <u>thriftbooks.com</u>. In addition it can be found on <u>goodreads.com</u>. It may be in your library system, however, we were not able to find it in the SK or MB library systems.

Saturday January 14, 2023 10:00 a.m. - 1:00 p.m. CST

Cost: \$40 - General Public

\$25 - Growing in Wisdom Participants

Zoom Start times: 8:00 a.m. - Pacific Standard Time 9:00 a.m. - Mountain Standard Time 10:00 a.m. - Central Standard Time 11:00 a.m. - Eastern Standard Time 12:00 p.m. - Atlantic Standard Time

- Fee includes 1-2 people per screen
- All those registered will receive a recording
 of this workshop

Registration deadline: January 12

Registration Details

There are two registration options:

- Visit our website: <u>https://</u> <u>www.queenshouse.org/programs/</u> Participants can register and pay online
- OR
- Call Queen's House and register over the phone: 306-242-1916 x226. As our staffing is minimal, please leave a message and we will be in touch ASAP.

Queen's House Retreat & Renewal Centre 601 Taylor Street W, Saskatoon SK S7M 0C9

> For details on all programs: <u>www.queenshouse.org</u>